


IEC activities conducted on COVID-19 by DHS

Sr No	Material/ Activity	Quantity	Date of printing	Distributed to whom1
1	Advertisement	2 newspapers	Feb 2020	Genral public
2	FAQs (A4 size, both side printing, single colour, Eng & Konkani)	4000 (2000 in each language)	14 Feb 2020	Both DHs, SDh Chikalim and GMC
3	Banners	25		Identified health facilities
4	5 different types of leaflets	2000 each (10,000)	Feb 2020	All health facilities
5		12,000 (5000 + 5000 + 2000)	11 March 2020	
6	4 types of leaflets	20,000 (5,000 each)	27 march 2020	All health facilities
7	Posters on Social Distancing	10,000 (5000 in Eng & 5000 in Konk)	30 March	All health facilities
8	Posters on Dos and Donts	15,000 (10000 in Eng & 5000 in Konk)	30 March	All health facilities
9	Foamsheet boards on Dos & Donts and Use of mask	15 each	Marh 2020	AT DHS building
10	Stickers for home quarantine	10000	2 April 2020	To stick at home quarantine houses
11	Leaflets for community survey	6,00,000 (2 lakhs each)	5 th April 2020	Handed over to Collecorate office for onward distribution in community
12	Questionnaire for community Survey	2,500	5 th April 2020	Handed over to Collecorate office
13	FB Page	Regularly updation is going on	March 2020	
14	E-newsletter		April 2020	
15	Updates on NHM website		Since February 2020	
16	Rubber stmps for home quarnatine		March 2020	Provided to all health facilities

Advertisements




NOVEL CORONAVIRUS (COVID-19)


Break Contact, Bigger Impact

Steps to control Corona Virus spread


If you have returned from Coronavirus (COVID-19) affected countries in the past 14 days and have cough, fever or difficulty in breathing, call the **helpline number immediately** and follow the instructions or visit the nearby health facility




It is advised to wear mask if you have cough, fever or difficulty in breathing




Avoid close contact with family members and other relatives if you are suffering from fever, cough and difficulty in breathing



Quarantine yourself for 14 days if returned from Corona Virus affected countries



Wash hands with soap and water frequently



For further information call:
+91-11-2397 8046 or 104
Email at ncov2019@gmail.com
Issued by: Directorate of Health Services, Panaji-Goa

REDUCE YOUR RISK OF CORONA VIRUS INFECTION

The 2019 novel coronavirus (2019-nCoV) caused a cluster of pneumonia cases in Wuhan, China and has been spread to other parts of the world.

Travelers to and from China should follow simple public health measures at all times as under:

All non-essential travel to China to be avoided.

Follow respiratory etiquettes.

Avoid close contact with people who are showing flu like symptoms.

Observe good personal hygiene.

Practice frequent hand washing with soap.

Avoid contact with live animals and consumption of raw/ undercooked meats.


Wear a mask if you have respiratory symptoms such as cough or runny nose

The clinical signs and symptoms

Fever


Cold

Difficulty in breathing



For more information visit nearby health centres or call
National Call Centre Toll free helpline
+91-11-23978046 104

Issued by,
Integrated Disease Surveillance Programme
Directorate of Health Services, Campal-Panaji-Goa



Leaflets for Community Survey

		
<p>संपर्क तोडा, प्रभाव कमी करा कोरोना वायरस पसरण्यापासून प्रतिबंध करण्याचे उपाय</p> <p>लॉकडाऊन निश्चिने पाळा</p> <p>तुम्हाला जर औषधे, किनासा सामान, इत्यादींच्या अनिवार्य खरेदीसाठी बाहेर पडावेच लागले, तर कोळेरुपणे सामाजिक अंतराचे (सोशल डिस्टेंसिंग) नियम पाळा</p> <p>वारंवार हात धुवा</p> <p>इतरांसंबंधी शिष्टाचार पाळा - स्नोकताना/ शिकताना टिश्यू किंवा हातकमालाने आपला चेहरा झाकावा किंवा आपल्या कोपरामध्ये स्नोकते</p> <p>तापाची/ स्नोकत्याची लक्षणे असलेल्या व्यक्तीपासून किमान एक मीटर दूर राहावे, आपल्या घरातील कुटुंबियांपासूनही.</p> <p>जर तुम्हाला किंवा तुमच्या कुटुंबियांना कोविड-१९ नसूक लक्षणे असल्यासारखे वाटले (ताप, स्नोकला, श्वास घेण्यात त्रास), तर मानक घाला आणि १०४ ला सूचित करा किंवा जवळच्या आरोग्य केंद्रावर सूचना द्या/ तिथे जा.</p> <p style="font-size: x-small; text-align: center;">www.nhm.goa.gov.in एकत्रीकृत दुर्धन निवाड कार्यालय, भलायकी सेवा संचालनालय, कांपल-पनजी-गोवा</p>	<p>संपर्क तोडचो, प्रभाव उणावचो कोरोना वायरस पातळावणीक आळाबंद हाडपाचे पावडे</p> <p>लॉकडावगार्ये निश्चिने पालन करचे</p> <p>तुमकां जर बसवदां, किनास ग्हाल, आदी विकते घेवपाक घराभायर नसचेंच पडलें, जाल्यार समाजीक अंतराच्या (सोशल डिस्टेंसिंग) नमाचे खरपान पालन करात</p> <p>परसूत परसूत हात धुयात</p> <p>स्नानासंबंधाच्या शिष्टाचारांचे पालन करात - स्नोकतना/ शिकतना टिश्यू वा हातकमालान आपलो चेरो धांपचो वा कोपरंत स्नोकचें</p> <p>जोराची/ स्नोकलेची लक्षणां आशिल्ल्या व्यक्तींपसून उण्यांत उणें एक मिटर परस रावचें, आपल्या घराब्यांतूय</p> <p>जर तुमकां वा तुमच्या कुटुंबियांक कोविड-१९ नसूक लक्षणां आसल्याभशेन दिश्ले (जोर, स्नोकली, स्नान घेवपांत त्रास), जाल्यार मानक घालात आनी १०४ क सुचीत करात वा लागींच्या भलायकी केंद्राचेर कळोवणी करात/ थंय वचात.</p> <p style="font-size: x-small; text-align: center;">आपले कर्णी - www.nhm.goa.gov.in एकत्रीकृत दुर्धन निवाड कार्यालय, भलायकी सेवा संचालनालय, कांपल-पनजी-गोवा</p>	<p>NOVEL CORONAVIRUS (COVID-19)</p> <p>Break Contact, Bigger Impact <i>Steps to control Corona Virus spread</i></p> <p>Follow the lockdown dutifully.</p> <p>Maintain strict social distancing measures, if you have to move out for essential purchase of drugs, groceries etc.</p> <p>Follow washing of hands frequently.</p> <p>Follow respiratory etiquettes – cover your face while coughing/sneezing with tissue or handkerchief or cough into your elbow.</p> <p>Stay at-least a meter away from those who have symptoms of fever/cough, even within your household.</p> <p>If you or any of your family members experience any of the symptoms suggestive of COVID19 (fever, cough, difficulty in breathing), wear a mask and report to 104 or inform/visit nearest Health Centre.</p> <p style="font-size: x-small; text-align: center;">Issued by:- Integrated Disease Surveillance Programme, Directorate of Health Services, Campal-Panaji-Goa www.nhm.goa.gov.in</p>



5 types of leaflets



Foamsheet board on Mask

REDUCE YOUR RISK OF CORONA VIRUS INFECTION

Travelers to and from affected countries should follow simple public health measures at all times as under

All non-essential travel to affected countries to be avoided

Follow respiratory etiquettes.

Avoid close contact with people who are showing flu like symptoms.

Observe good personal hygiene.

Practice frequent hand washing with soap.

Avoid contact with live animals and consumption of raw undercooked meats.

Wear a mask if you have respiratory symptoms such as cough or runny nose


The clinical signs and symptoms

Fever Cold

Difficulty in breathing

For more information visit nearby health centres or call

National Call Centre Toll free helpline
+91-11-23978046



Issued by,
Integrated Disease Surveillance Programme
Directorate of Health Services, Campal-Panaji-Goa

Banner

Paper poster on Do's and Don't's



समयी मजत करपाक आमकां मजत करात

नोव्हेल कोरोनावायरस (COVID-19)



स्वताची आनी हेरांची राखण करात!

कितीं करचें आनी कितीं करचें न्हय, हाचेविशीं हांचे पालन करात

कितीं करचें ✓

- सतत हात धुवपाची संवय जावन घेयात. शाबू आनी उदकांन हात धुयात वा क्लोरोहोनाचेर आदारिल्ले हॅंड रब वापरून. हात दिवपाक लोप आसचे, जाव्यासच ते घुयात.
- शिक्तना वा खोक्तना हातभ्यासून / टिश्यू तुमचे नाक आनी तोंड धांपात.
- तुमकां जर ही पिशीं / सगलां जासून, जाव्यावर कृपा करून रावपाच्या हॉस्पिटालन क्रमांकाचेर वा भतायकी 24x7 हॉस्पिटालनेचेर 011-23978046 वा 104 फेर कॉल करात.


कितीं करचें न्हय ✗

- तुमकां जर खोक्तनी आनी जेर वेता, जाव्यावर खोपेच वांगडा लोकांक संसके संसके नाकात.
- तुमचे दोळे, नाक आनी तोंड हांचे रसरो करुनकात.
- सोंसांत बुंक नाकात.

वांगडा मेळून आमी कोरोनावायरसा वांगडा झूज दिवपाक शकतात


अदीक म्हायती खातीर कॉल करात:
+91-11-23978046 वा 104
ईमेल करून: ncov2019@gmail.com
जागीं कार्या -
एकीकृत दुबैस निधाल कार्यावळ, भलायकी सेवा संचालनालय, कांपाल-पणजी-गोंय

mohfw.gov.in | @MoFWIndia | @MoFW_INDIA



Help us to help you

NOVEL CORONAVIRUS (COVID-19)



Protect yourself and others!

Follow these Do's and Don'ts

Do's ✓

- Practice frequent hand washing. Wash hands with soap and water or use alcohol based hand rub. Wash hands even if they are visibly clean.
- Cover your nose and mouth with handkerchief/tissue while sneezing and coughing.
- See a doctor if you feel unwell (fever, difficult breathing and cough). While visiting doctor wear a mask/cloth to cover your mouth and nose.

Don'ts ✗

- Throw used tissues into closed bins immediately after use.
- Avoid participating in large gatherings.
- Have a close contact with anyone, if you're experiencing cough and fever.
- Touch your eyes, nose and mouth.
- Spit in public.

Together we can fight Coronavirus

For further information call:
+91-11-2397 8046 or 104
Email at ncov2019@gmail.com
Issued by:-
Integrated Disease Surveillance Programme, Directorate of Health Services, Campal-Panaji-Goa

mohfw.gov.in | @MoFWIndia | @MoFW_INDIA

Paper posters on Social Distancing

Stickers to put at the houses of home quarantine

Rubberstamp for home quarantine

Regular upload on NHM website (www.nhm.goa.gov.in)

The screenshot shows the homepage of the Directorate of Health Services, Government of Goa. The header includes the logo and name of the organization. Below the header is a navigation menu with options like HOME, NIM, NIM COMPONENTS, NIM IN STATE, PUBLICATIONS, CONTACT, IMPORTANT LINKS, and PC-PNDT. A large banner image shows the entrance of a Primary Health Centre. To the right, there is a 'LATEST NEWS' section with three news items. Below the banner, there are four service icons: JSY, JSSK, IEC, and MAP. A central section features a COVID-19 dashboard with a map of Goa and the following statistics as of 15th July 2020 at 10:00am:

- Cumulative no. of cases since 28/01/2020: 15427
- Home Quarantine passengers - unique people: 15427
- Contacts under Family Quarantine: 11524
- Suspects under Hospital Isolation: 901
- No. of samples sent for testing: 96692
- No. of reports received: 93170
- Total Positive cases: 2733
- No. of Active cases: 1697

On the left side of the dashboard, there is a vertical menu with categories: DISCLOSURES, DOCUMENTS, VACANCIES, TENDERS, REPORTS, and DDY.

This screenshot shows the 'CORONA VIRUS important links & IEC' page. It features a navigation menu on the left with categories: DISCLOSURES, DOCUMENTS, VACANCIES, TENDERS, REPORTS, and DDY. The main content area is titled 'CORONA VIRUS important links & IEC' and includes the following information:

- Novel Coronavirus (COVID-19)**: <https://nhm.goa.in/moa-404>
- Dedicated Covid Hospital
- A) IEC MATERIAL**:
 - Poster 1) When to get tested for COVID-19
 - 2) When to wear masks
 - 3) Corona poster
 - 4) Corona Posters in local language (4 posters)
 - 5) Corona Poster (D&B & D&B's English)
 - 6) Corona Poster (D&B & D&B's Konkani)
 - 7) Social Distancing-English
 - 8) Social Distancing-Konkani
 - 9) Leaflets of Community Surveys
 - 10) posters designed by PPI (1)
 - 11) posters designed by PPI (2)
 - 12) posters designed by PPI (3)
- B) MEDIA BULLETIN**: A list of media bulletins from March 2020 to May 2020, with dates and corresponding icons.

At the bottom, there is a calendar for May 2020 showing the days of the week and the number of bulletins for each day.

Advisory leaflets for Home quarantine

नोव्हेल कोरोनावायरस (COVID-19)

लक्षणविरहित प्रवाश्यांकरिता
घरी विलगीकरणासाठी सल्ला



- चांगल्या हवेशीर खोलीत राहा:** त्यात संलग्न शौचालय असल्यास उत्तम. कुटुंबातील इतर सदस्यांही सोबत राहात असल्यास, त्याने/तिने किमान १ मीटरचे अंतर राखले पाहिजे.
- घरातील वयस्कर व्यक्ती, गर्भवती स्त्रिया आणि मुलांपासून दूर राहावे आणि घरातील आपल्या हालचाली मर्यादित ठेवाव्या.**
- विवाह, शोकसभा, यांच्यासारख्या कोणत्याही धार्मिक / सामाजिक समारंभाना उपस्थित राहू नये.**
- साबण आणि पाण्याने किंवा अल्कोहोल आधारित सॅनिटायझरने वारंवार व्यवस्थितपणे हात धुवावेत.**
- ताट, पेला, कप, टॉवेल, अंधारूण-पॉपरूण किंवा इतर वस्तूंचा घरातील इतर व्यक्तीसोबत सामायिक वापर करणे टाळावे.**
- खोकला, ताप, श्वासोच्छ्वास करण्यात त्रास, यांच्यासारखी लक्षणे दिसून आल्यास, त्वरित मास्क घालावा आणि जवळच्या आरोग्य केंद्राला कळवावे किंवा हेल्पलाईन 104 ला कॉल करावा.**
- लक्षणसूचक असताना कुटुंबातील अन्य व्यक्ती किंवा मित्रांच्या संपर्कात आल्यास, अशा सर्व जवळच्या संपर्कात आलेल्या व्यक्तींना 14 दिवसांसाठी घरी विलगीकरण टाटवे जाईल.**
- शौचालयाचे पृष्ठभाग नियमित वापरातल्या घरागती ब्लॅच सोल्युशनने / फिनॉलिक जंतुनाशकांने स्वच्छ व निर्जंतुक करा.**
- विलगीकरणातील व्यक्तीने वापरलेले कपडे आणि इतर चादरी डिटर्जंट वापरून वेगळे धुवा आणि सुकवा.**

पूरस्कृत - www.nhm.goa.gov.in
एकत्रीकृत रोग नियंत्रण कार्यक्रम, आरोग्य सेवा संचालनालय, कॅम्पल-पनाजी-गोवा

NOVEL CORONAVIRUS (COVID-19)

Advisory on Home Quarantine for
Asymptomatic Travellers.



- Stay in a well ventilated room preferably with attached toilet. In case of other family members staying along, he/she should maintain a distance of 1 meter.
- Should stay away from elderly, pregnant women and children within household and restrict his/her movements within the house.
- Should not attend any religious/social gathering like weddings, condolences, etc.
- Should wash hands often, thoroughly with soap and water or with alcohol based sanitizer.
- Avoid sharing household items such as dishes, glasses, cups, towels, bedding, or other items with other people at home.
- If symptoms such as cough, fever, difficulty in breathing appear, immediately wear mask & inform nearest health centre or call Helpline 104.
- In case of contact with family or friends when symptomatic, all close contacts to be home quarantined for 14days.
- Clean and disinfect toilet surfaces with regular household bleach solution/phenolic disinfectants.
- Clean the clothes and other linen used by the person separately using detergent and dry.

Issued by:-
Integrated Disease Surveillance Programme, Directorate of Health Services,
Campal-Panaji-Goa www.nhm.goa.gov.in

Digital images on Social Media , OPD Television etc.

AAROGYA SETU IVRS

For including the you with features phones and landlines under the protection of AAROGYA SETU, the **Aarogya Setu IVRS** service has been implemented. This service is available Pan-India. **This is a toll free service.**

- You need to give a missed call to the number 1921.** Call will get disconnected and you will receive a call back requesting for inputs regarding their health.
- The questions asked are aligned to the Aarogya Setu App. Based on the responses given, you will get a SMS indicating the health status. You will continue to get alerts for your health moving forward also.
- For an effective citizen inclusion, the service needs to be utilised by everyone.
- The service is implemented in 11 regional languages same as the app and SMS is sent to you in the same language in which, you have shared your information.
- The input is made part of the Aarogya Setu database and information is processed to send alerts to the citizen on the action to be taken to ensure their safety.

Issued by:
Directorate of Health Service, Campal-Panaji-Goa

COVID-19

Mobile TELEPHONIC COUNSELLING Services

The Department of Psychiatry, North Goa District Hospital in collaboration with Goa AIDS Control Society has scaled up Mental Health Helpline through mobile telephony which will be available from 9:00 AM to 4 PM.

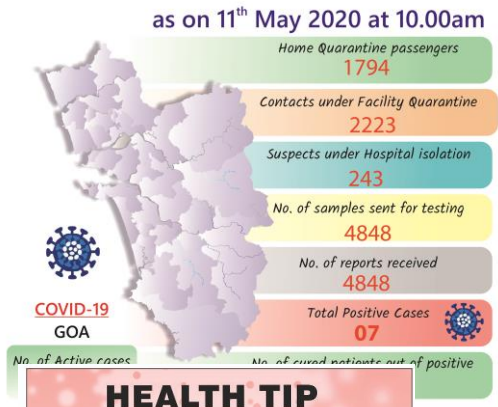
The GSAC Counsellor have received required basic training on Covid 19 pandemic and related mental health issues and are set to launch counselling services to those in Covid Hospital, Facility Quarantine, Hotel Quarantine, Home Quarantine and Shelter Homes.



List regarding Place of posting of Counsellor along with Mobile Numbers, that will be available for counselling from 9am to 4pm, is as follows:

CHC Porvorim	ICTC 9356922131	CHC Bicholim	ICTC 9356922137
Azils, Margao	STD 9356922108 ICTC 9356922134 PPCTC 9356922136	CHC Veldi	ICTC 9356922140
CHC Candolim	9356922126 9356922130 9356922132 9356922133	CHC Ponda	ICTC 9356922139 PPCTC 9356922127
TS & Chest St. Ina	ART 9356922129 9356922128 9356922124 9356922125	CHC Canacona	ICTC 9356922143
Campal Hospital, Chicalim	PPCTC 9356922138 9356922129 9356922128		
ART 9356922121 ICTC 9356922122 STD 9356922120	Hospital Hospital, Margao	CHC Curchorem	ICTC 9356922147
	ART 9356922144 PPCTC 9356922148 ICTC 9356922145 STD 9356922142		
	Blood Bank-9356922146		

These counsellors will phone counsel all those in Covid Hospital, Facility Quarantine, Hotel Quarantine, Home Quarantine and Shelter Homes. Should the counsellors find severe mental health symptoms like, suicidal ideas, poor intake, crying spells etc these cases will be referred to covid@govt for expert consultations.



HEALTH TIP OF THE DAY

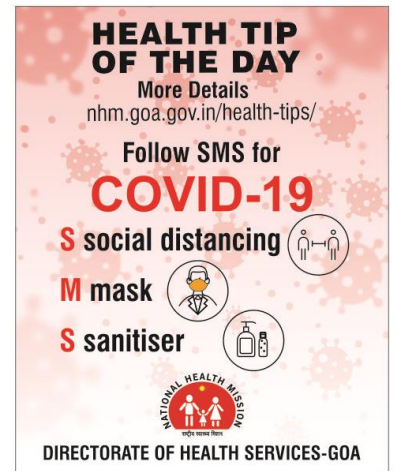
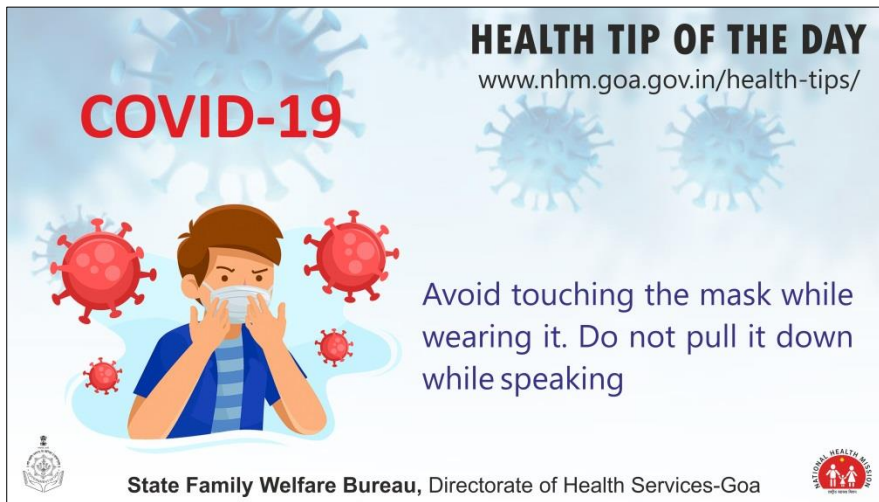
More Details
nhm.goa.gov.in/health-tips/

COVID-19

If your mask is homemade, ensure it is thoroughly washed with soap and dried after every use

NATIONAL HEALTH MISSION
Go to www.nhm.gov.in

DIRECTORATE OF HEALTH SERVICES-GOA



Facebook page-Directorate of Health Services-Goa

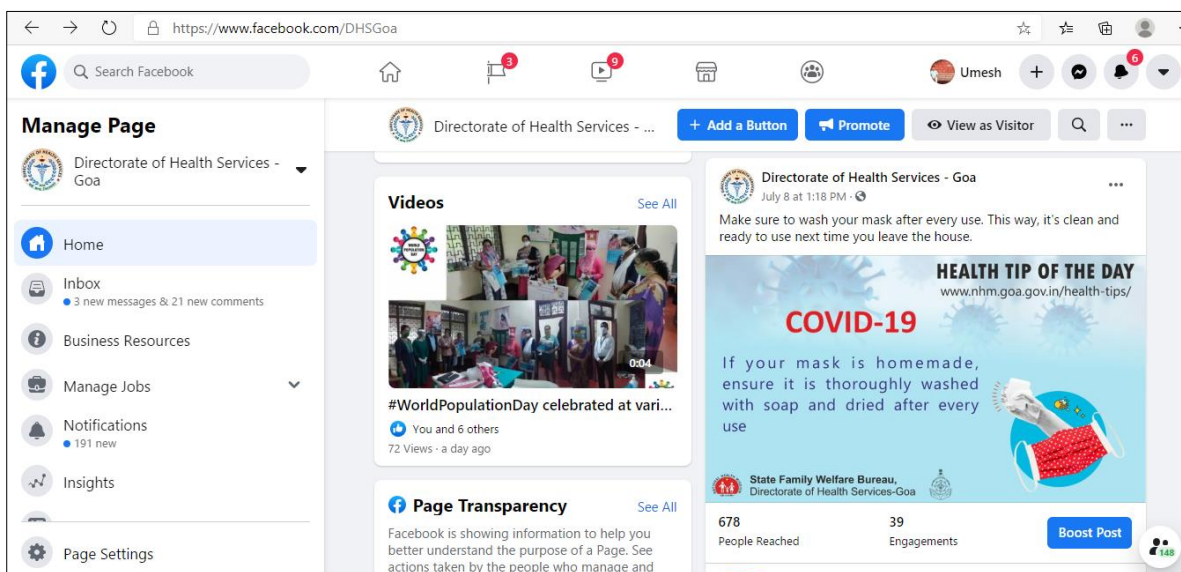



Photo of the TV where messages are displayed






Do you have any of the following **Symptoms** ?



Fever




Cough




Difficulty in breathing

Then visit your nearest Government Health Centre/ Hospital




Follow

Social distancing




KEEP DISTANCE

Mask



WEAR MASK

Sanitiser



USE SANITIZER

For further information call **104**

Issued in public interest by:
Directorate of Health Services
Panaji-Goa

