



HEALTH



Virus

Volume 1 | Edition 4

LET'S COMBAT DISEASES

Covid-19: Raising Awareness

Non Communicable Disease Cell
(NPCDCS, NMHP, NPHCE, NPPCD, NPPC, NTCP, PMNDP)

RMNCH + AN (Reproductive, Maternal, New Born,
Child Health + Adolescent & Nutrition)

Immunization - a must!

National Vector Borne Diseases
Control Programme

National Leprosy Eradication Programme

National TB Elimination Programme





Shri. Dr. Pramod Sawant
Hon. Chief Minister of Goa



Shri. Vishwajit P. Rane
Hon. Health minister of Goa

**“Be more than just a
COVID Survivor,
become a
COVID Saviour.”**

DONATE PLASMA, SAVE LIVES

What is Convalescent Plasma therapy (CPT)?

Convalescent plasma is the liquid part of blood minus the blood cells (RBC, WBC, Platelets) from patients who have recovered from COVID-19 infection, which is rich in antibodies specific to SARS COV 2 (hence the word Convalescent). The transfusion of this antibody rich plasma into seriously ill COVID patient is called Convalescent Plasma Therapy.

Who can donate Plasma?

According to the Drugs & Cosmetics Act 1940 and rules (as amended till March 2020) of India, a person who has fully recovered from COVID-19 infection for at least 28 days can donate plasma. The patient must not have any symptoms of COVID infection for at least 28 days.

A person may be able to donate convalescent plasma if:

- Prior Diagnosis of COVID-19 documented by a laboratory test and had symptomatic disease.
- Age from 18 years to 60 years.
- Weight more than 50 kg.
- A hemoglobin level more than 12.5 gm/dl.
- In case of female donor's (should be nulliparous with no history of pregnancy in the past or are not pregnant now)

Procedure of Plasma Donation:

- The Donor is screened to ascertain the fitness.
- Screening is followed by a blood test to determine the presence of anti body to the corona virus.
- Once the antibody presence in the blood is confirmed, Convalescent Plasma is collected using the apheresis technique.

Will the donor suffer from any weakness after the Plasma Donation:

The donor will not experience any form of weakness or uneasiness following plasma donation. He can continue with all his/her routine activities. The human body has the capacity to replenish the donated plasma within 24 to 48 hours.

APPEAL

To all the people who have recovered from COVID – 19infection, please step forward to DONATE PLASMA and save seriously ill COVID-19 patients.

Those willing can donate Convalescent Plasma

**At Blood Bank, Goa Medical College,
Bambolim Goa.**

To get an appointment Contact:

Dr. Preeti Varghese - 7875181284

Sr. Marcelina Dias - 91 9822791732

Shraddha Kelkar - 7887400804

Goa is only State after Kerala spending heavily on saving lives: HM

Team Herald

PANJIM: Highlighting the delay in getting the patient to hospital for mortalities, Health Minister Vishwajit Rane on Friday urged the people to get patients to hospitals as soon as they display symptoms.

Addressing the media Rane said "People come at the last stage for treatment of COVID-19 to government hospitals, which are major reasons for mortalities."

The Health Minister said that Goa is only State after Kerala, which is spending heavily on saving lives. "Not a single rupee is being taken from the patient and the best available treatment is given without differentiating between patients," he said.

He added that though co-morbidities are a major concern and cause of death, experts are taking care of patients. "While saying that, I must say that 37 deliveries have taken place in ESI hospital besides several complicated surgeries," he said.

Rane added that despite the best of their efforts, people with co-morbidities are dying. He added that around

The department is working on increasing the plasma donation. The plasma donors have increased after the awareness campaign. 45 people received plasma in ESI hospital and 50 per cent have recovered after plasma. Also, doctors at no point are neglecting the co-morbidities and all care is being given

— Dr Shivanand Bandekar, GMC Dean

21 patients are critically critical in GMC and 23 in ESI.

GMC Dean Dr Shivanand Bandekar said the department is working on increasing the plasma donation. "The plasma donors have increased after the awareness campaign," GMC Dean said.

On the bed position in GMC and ESI, he said that 183 patients are admitted right now in GMC Bandholm, 106 in Margao ESI and 60 in Ponda Sub District Hospital.

Giving details of the deaths, Bandekar said that

CMO CLARIFIES FILES 'SANITISED' BEFORE, AFTER BEING CLEARED BY CM

Hours after Herald raised the question before Health Minister Vishwajit Rane at a media briefing, of Chief Minister Pramod Sawant clearing files despite having tested positive for COVID-19, the Chief Minister's Office (CMO) has clarified that the files are sanitised before sending it back. "The Public in general and the personnel of the

government of Goa are hereby informed that the files that are being cleared by the CM are duly sanitised, before and after being put up for his signature," the CMO said. It further stated that the urgent matters are communicated digitally. "The government is responsible and sensitive towards the people of Goa, hence this clarification," it said.

ing co-morbidities. "Experts are treating the patients very well but despite this, there are mortalities," he says.

When questioned, Rane said that the file for capping the treatment at private hospitals has been moved to the Chief Minister. "Once the Chief Minister approves, the notification will be issued," he said.

He, however, maintained that the government is spending much more on a single patient than the private hospitals would charge.

AIIMS team visits COVID hospital & GMC

Team Herald

PANJIM: Doctors from All Indian Institute of Medical Sciences (AIIMS) Dr Rajeshwary and Dr Ananth Mohan on Tuesday visited the GMC wards and ESI hospital, Margao to see the arrangements made by the State government.

Health Minister Vishwajit Rane said the AIIMS team is happy with the facilities and they have suggested some minor changes, which will be done.

"The AIIMS doctors wanted HFNO machine and ultrasound machines, which have already been ordered. We are taking all steps to provide best treatment to Goans," Rane said.

He however lamented that the State is facing severe



The AIIMS team inspecting GMC hospital on Tuesday with top officials. Chief Minister Pramod Sawant thanked them for their visit in a tweet, where he added, "They reviewed the treatment & facilities at GMC and ESI Hospital, for COVID19 patients in Goa. Their guidance will definitely help Goa's medical team for COVID19 management in the State."

shortage of plasma donors.

"We have started facing shortage of plasma and it is

my appeal to people to come forward and donate plasma as it can save lives.

Only discharged people from COVID hospital can save lives," he said.

COVID 19: RAISING AWARENESS

It is crucial for people to have awareness and knowledge about COVID-19, how the virus spreads, and the reasoning behind measures like social distancing. Keeping this in mind, awareness across the state continues full-steam at every nook and corner of the state, making people aware about the different signs and symptoms to watch out for and how to seek immediate medical care. Directorate of Health Services is making sure that all COVID-19 awareness gets maximum coverage through its health centres, social and print media.



COVID-19 awareness and National Vector Borne Disease Control Programme awareness conducted by Medical Officer Dr Shawn Dias at Mudai, Sub Centre Panchwadi, in presence of extension educator and sanitary inspector

Awareness talk on COVID -19 to anganwadi workers and helpers, on how to wear mask, hand washing delivered by Multi-Purpose Health Worker under Sub Centre Paingin, in Anganwadi Iddar Paingin.





Distribution of leaflets on COVID-19 and Dengue during house-to-house survey under Sub Centre Colomb

Field visit at market area in Marcel was conducted by Health Officer Dr Brenda Pinto and the team of Public Health Centre, Betki. The team interacted with shop vendors and provided information on vector borne diseases and covid-19



Meeting was held with Sarpanch and Panch members of Village Panchayat Tivrem-Orgao, where information on COVID-19 and its precautionary measures were discussed by Health Officer Dr Brenda Pinto. Team of PHC Betki were also present. Informatory leaflets were also distributed



Throat Swab Collection at PHC Betki



- At the containment zone in Haldanwada Candola, COVID teams had been formed for conducting screenings, 90 persons are residing in the micro-containment zone were screened where 39 people were tested positive from 8 households out of 12.
- The site was visited by Honourable Minister for Art and Culture, Govind Gaude and Mamltadar of Ponda Taluka along with Health Officer Dr Brenda Pinto
- The site was visited multiple times by the team of PHC Betki
- Crucial information regarding COVID-19 was explained to the people (cleanliness, hygiene, sanitization, wearing of mask etc)
- Positive patients were shifted to Covid Care Centre, and some in Shiroda. Currently most of the patients are treating at Covid Care Centre at GEC Ponda.
- Leaflets containing information on COVID-19 was distributed to all the houses
- Home quarantine stickers were put up on doors
- Sodium Hypochlorite solution given to all the houses and along with necessary information regarding sanitization



Throat Swab collection at Betki

Meeting on Kayakalp , information on how to dispose biomedical waste during COVID-19 was provided





Swab collection at PHC Arossim

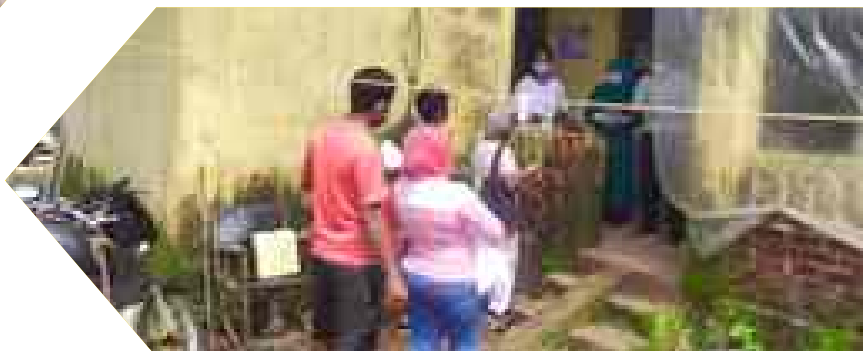


Outreach Session on COVID at Majorda



Sanitisation conducted at PHC Cansaulim

IEC on COVID-19 and precautions to be taken was Conducted at Sub Centre Benaulim





IEC on COVID-19 and Dengue was conducted at Majorda for the people

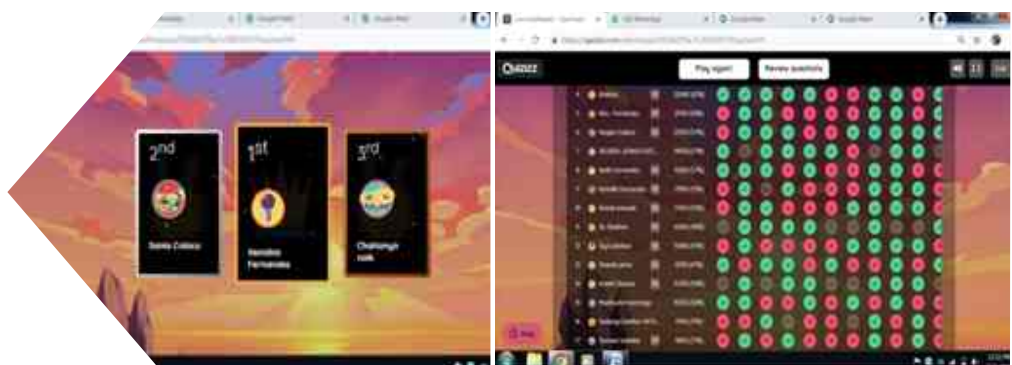


Immunity Boosting Medicine Distributed at Panchayat and Service Co-Op Society in Majorda, PHC Cansaulim, Electricity department in Majorda, Animal Husbandry, post office in Majorda, and Colva police station and traffic cell



Swab test collection team of PHC Cansaulim

An Interactive session on COVID-19 and other health related topics was conducted for students on Google Meet. The students also participated in a Quiz Competition. Prizes were given to top three students PHC Aldona. Students from of St Xavier's High School Moira, Holy Cross High School Bastora, St Thomas Boys High School Aldona, and St Thomas Boys HS Aldona participated





IEC on COVID-19 was conducted at PHC Cansaulim



Sanitizing of Directorate of Health Services Building at Campal was conducted recently by the staff of Public Health Centre, Corlim



RT-PCR TrueNAT Swab testing being conducted at containment zones, Siddeshwar Nagar and Awantinagar of PHC Pilliem, Dharbandora



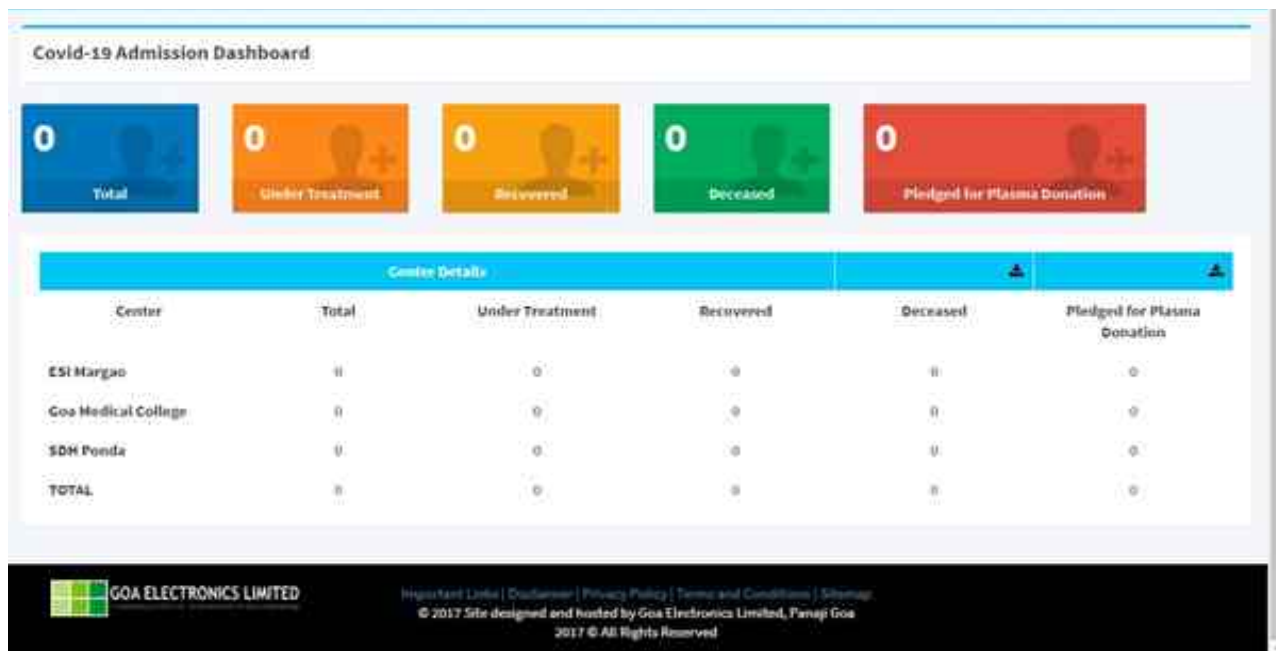
REVIEW MEETING

Highlights from the last expert committee meeting

- Patients under home isolation to be provided with a free of charge 'Home Isolation Kit' containing – Digital Thermometer, Oxymeter, Hand Sanitizer, N95 Mask, Triple Layer Mask, Gloves, Vitamin C tablets and Paracetamol.
- PHCs of the state to be Nodal body for distribution of 'Home Isolation Kits'
- One more ward in GMC to be converted as a dedicated COVID ward, that will be commissioned within the next few days
- Dental College nurses to be deployed at GMC
- GEL, will digitize all records related to COVID-19



WEEKLY MEETING WITH THE EXPERT COMMITTEE FOR COVID-19



A comprehensive dashboard is developed by GEL to update the daily status of COVID-19 in Goa. The dashboard will allow access to current and reliable data solely to Nodal officers for COVID hospitals. This dashboard will contain all the details of the COVID positive patient, right from the treatment to the discharge.

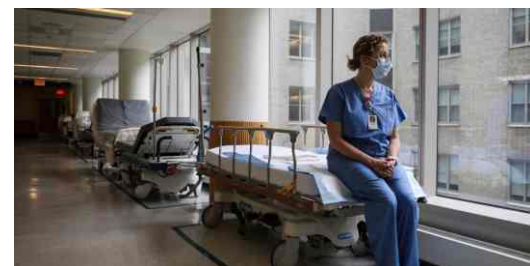
National Mental Health Programme



The Health-care workers involved in the response to the COVID-19 pandemic were often required to work in highly challenging conditions and therefore they were at increased risk of experiencing mental health problems. Mental health influences how you think, feel, and behave in daily life. It also affects your ability to cope with stress, overcome challenges, build relationships, and recover from life's setbacks and hardships.

Strong mental health isn't just the absence of mental health problems. Being mentally or emotionally healthy is much more than being free of depression, anxiety, or other psychological issues. Rather than the absence of mental illness, mental health refers to the presence of positive characteristics.

With an aim to create awareness about mental health problems amongst health care workers a short video was put together by psychiatrist under District Mental Health Programme North Goa.



Depression a common illness worldwide, with long-lasting and moderate or severe intensity, depression has become a serious health condition.

Depression can cause the affected person to suffer greatly and function poorly at work, at school and in the family. At its worst, depression can lead to suicide. During this current crisis of Covid19 Pandemic, people were facing financial issues due to unemployment, adjustment issues, scholastic problems, parenting issues which was leading to mental health related problems such as depression and increase in suicidal tendencies.

Finding the right coping mechanism takes time and patience, but it can enormously impact how you feel. There are various ways one can try to fight depression and mental health. Exercising, meditation and seeking professional help could be some of the ways.



Some of the Screenshots of the video.



Training for medical officers on the 'State Specific Treatment Protocol for Hypertension' under the India Hypertension Control Initiative Programme was held recently.

Training on Practical Approach and Management of Covid 19 and Co-morbidities through an online platform was held. Speakers for the session were Associate Professor, Department of Pulmonary Medicine, Goa Medical College Dr Uday Kakodkar, and Administrator, ESI Covid hospital, Margao Dr Edward Dmello and Senior Physician, Hospicio Hospital. Total participants present were 80.





Awareness & advocacy initiatives: advertorial for general public awareness. On Insulin Appreciation Day, an advertorial written by Dr Edward D'mello, Senior Physician, Hospicio Hospital by was published in Dainik Gomantak. The article written by was on the life saving role of Insulin in management of type1 DM and authored by.

प्राचीन नृत्यः :

डा. मधुकरदास दिगमेली

» इन्सुलीन ऑप्प्रिसिएशन दिन

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Type-1 DM Community Meeting



Pradhan Mantri National Dialysis Programme

Dialysis unit was started at Sub district Hospital Chicalim recently under public private partnership with Apex Kidney Care Pvt. Ltd.



Inauguration of Dialysis unit at SDH Chicalim



National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular Disease & Stroke


Under the Swasthya Sakhi project, Public Health Foundation of India deployed Swasthya Sahayak device at selected health and wellness centres and all sub centres across CHCs Valpoi and Canacona. 30 devices will be deployed initially. Swasthya Sahayak is a point-of-care technological innovation, with the help of which, frontline workers such as ANM's and Swasthya Sakhi's will be able to digitize health information of the families and individuals, conduct diagnostic tests which would help in early identification of high-risk pregnancies and those at risk of hypertension and diabetes, for referral to the higher centres. With this initiative, screening and diagnostic services would be provided at the doorsteps of the citizens of Goa while simultaneously digitizing the healthcare data in the state. Swasthya Sakhi will also identify people who have or who are at risk of developing corona virus infection.

Training session of selected Swasthya Sakhi's had begun in July, 2020. Coordinator from PHFI through video conferencing to facilitated the trainings.

Introductory session was conducted by Dr Sunil S Raj in which all the Swasthya Sakhi's were introduced with the team from PHFI and Goa Health department.

Dr. Vandana Dhume, CMO, SWFB presented an informative and important session on RMNCHA+N and COVID-19 and Dr Rupa Naik presented on health & wellness centres.



A close-up photograph of a person's hands writing in a small, open notebook. The person is holding a yellow pencil and is in the process of writing on a white page. The notebook is resting on a dark, textured surface, possibly a wooden table. The lighting is soft and focused on the hands and the notebook.

II. Virtual meet

A virtual session on google meet was organized on Psychologist, Sonam Sail from District Tobacco Control Cell, North Goa, Mapusa. IEC supervisors, extension educators and health workers of PHCs/CHCs/UHCs of both North and South Goa Districts. The session was on ill effects of Tobacco. The participants were also sensitized on the subtopics like types, harmful chemicals and health hazards of tobacco, second-hand Smoke, tobacco control laws in India, tobacco and COVID-19, tobacco cessation and role of a health worker in cessation.



Paper presentations for the participants during the virtual session



III. Quiz Competition

A quiz competition on tobacco was organised by District Tobacco Cessation Center Asilo Hospital, North Goa for the IEC supervisors, extension educators & health workers of PHCs/CHCs/UHCs of both North & South Goa Districts. Extension educator of PHC Aldona Mihir Khorjeumkar assisted the quiz competition.



QUIZZ Play again! Review questions Show Time Taken

☐ Erase all records

Player Names	Score	Q1	Q2	Q3	Q4	Q5	Q6	Q7	Q8	Q9	Q10
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
1. Chaitali Manerkar	33390 (94%)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
2. Anita	31200 (87%)	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓
3. Projekta Choti PHC DL	30570 (90%)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
4. Neelam gauri	30250 (91%)	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓
5. Konishma	30010 (88%)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
6. PHC Sanguem	28410 (83%)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
7. Sudesh UHC Panaji	28320 (86%)	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓
8. PHC Majem	27640 (81%)	✓	✓	✓	✓	✓	✓	✗	✓	✓	✓
9. Sushmita pch oldona	26850 (83%)	✓	✓	✓	✓	✓	✓	✓	✓	✗	✗
10. Vishal, IEC SHFW	26590 (81%)	✓	✓	✓	✓	✓	✓	✗	✓	✗	✗

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NVBDCP

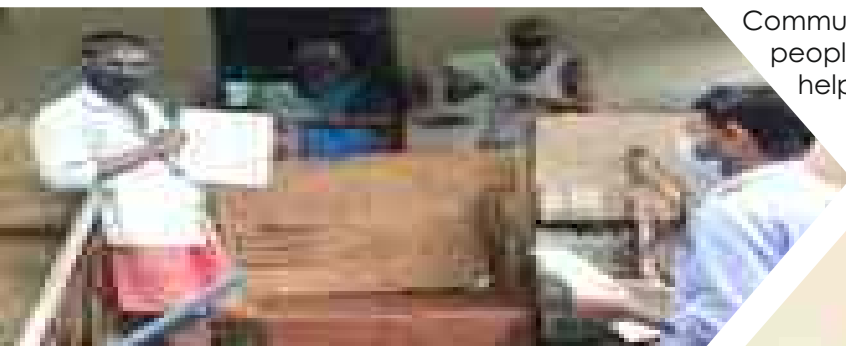
NATIONAL VECTOR BORNE
DISEASES CONTROL PROGRAMME

Dengue virus infection is increasingly recognized as one of the world's emerging infectious diseases. About 50–100 million cases of dengue fever and 500,000 cases of Dengue Hemorrhagic Fever (DHF), resulting in around 24,000 deaths, are reported annually. Over half of the world's population resides in areas potentially at risk for dengue transmission, making dengue one of the most important human viral disease transmitted by arthropod vectors in terms of morbidity and mortality.

The entire month of July was observed as Anti Dengue Month. An attempt of the Ministry of Health and Family Welfare, National Dengue Day is meant to raise awareness about dengue and its preventive measures. Health centres across the state conducted awareness and cleanliness drives, educating the people about Dengue, its symptoms and precautions



336 households were visited during the Anti Dengue Month by all sub-Centers under Marciam. Information, Education and Communication on Dengue was delivered to the people through awareness drives and with the help of print media

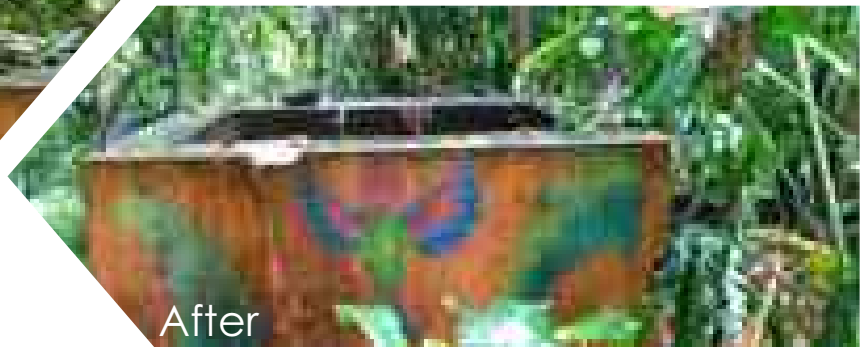


Information, Education and Communication activity at Community Health Centre, Curchorem conducted during Anti Dengue Month

Cleanliness drive under Sub-Centre
Periudok during the Anti Dengue Month
by Sanitary Inspector Pascol Fernandes



Before



After



Cleanliness drives were conducted during
home visits in Marciam. Awareness was
conducted on how to keep the surroundings
clean and free from breeding sites for mosquitoes



MALARIA PREVENTION AND TRAVEL INFORMATION



SHAKING



FATIGUE



JOINT ACHES



VOMITING



CHILLS



NAUSEA



MUSCLE PAIN



DIARRHOEA



FEVER



HEADACHES



Awareness of Vector Borne Diseases (VBD) was continued by all health centers, where LLINs and awareness drives were conducted for understanding the signs, symptoms and prevention of VBD



Distribution of LLINs for migrant labours at a Construction site under Sub Centre Bhatpal, PHC Canacona

IEC on National Vector Borne Diseases Control Programme was given during Routine Immunization (RI) session at PHC Pilliem Dharbandora. Ayush Doctor, Dr Renavva Chavvan gave complete IEC on all vector borne diseases and explained its causes, sign, symptoms and preventions



Fogging conducted at Mollem check-post area of PHC Pilliem, Dharbandora

In the view of National Vector Borne Disease Control Programme (NVBDP), Long Lasting Insecticidal Nets (LLINs) were distributed for antenatal mother at SC Mollem of PHC Pilliem Dharbandora



Group meetings and awareness drives on Dengue and other Vector Borne Disease were conducted at Panchayats and various other areas in Marciam, under PHC Marciam



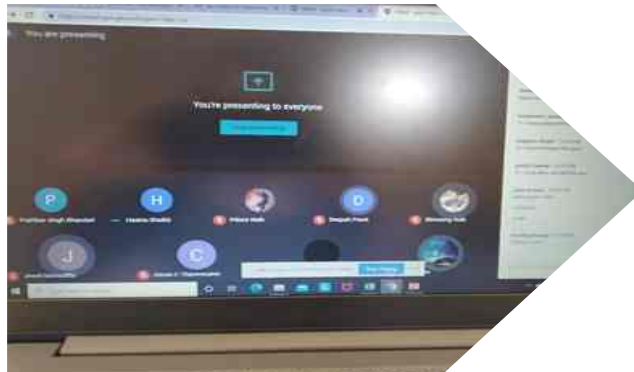
Information, Education and Communication (IEC) on Vector Borne Diseases (VBD) was conducted during OPDs at all sub-centers. Information was also provided to print media on how to be keep a clean surrounding, to be safe from diseases like Dengue and Malaria. Mosquito repellent nets were distributed during the IEC.



Cleanliness drive at the kulaghars under sub-centre, Priol was conducted by the staff during their field visit. The care-takers of the kulaghars, were sensitized about the breeding of mosquitoes in the betel tree leaves (Povlis). They were instructed to clean periodically so that there is no breeding of mosquitoes in them. Any case of high fever was asked to report immediately to the PHC.



Awareness drive was also conducted by sub-centre Priol at the Madkai and Kundai industrial estate where the manager was sensitized about the Vector borne disease specially dengue and malaria. They were instructed to maintain cleanliness in the surrounding area and eliminate any breeding sites if found in and around the complex.



Awareness on Vector Borne Diseases through online platform, Google meet at UHC Vasco

4 Step MALARIA PREVENTION

- Use Of Bed Nets**
People at risk of malaria should sleep under Long Lasting Insecticide Nets every night
- Use Of Insecticide**
Individuals should ensure they spray their homes with indoor residual spray/insecticide
- Keep Your Environment Clean**
To avoid breeding of mosquitoes which can cause malaria.
- See A Doctor**
Seek immediate medical advice if you have malaria symptoms

LET'S END MALARIA FOR GOOD

DENGUE SYMPTOMS

- Rash
- Sudden onset of high fever
- Vomiting
- Diarrhoea
- Pain behind the eyes
- Stomach pain
- Headaches
- Muscle and joint pain

A portrait photograph of Dr. H. K. Singh, a man with dark hair, wearing a light-colored shirt, against a blue background.

PANAMA While the rising threat of COVID-19 has caused the U.S. State Dept. to urge U.S. employees to refrain from non-essential travel to Panama, the U.S. State Dept. has also issued a travel advisory for the country that says U.S. citizens should not travel there for business or pleasure. The advisory says that the U.S. State Dept. is not providing consular services in Panama, and that U.S. citizens who are in Panama should leave the country as soon as possible. The advisory also says that U.S. citizens who are in Panama should not travel to other parts of the country, and that U.S. citizens who are in Panama should not travel to other countries. The advisory also says that U.S. citizens who are in Panama should not travel to other countries.

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Team Herald

The seven-member committee will also advise government on commissioning of Tuen Mun Hospital, strengthening of facilities for Tertiary Care Cancer Centre (TCCC).

As per the Cabinet note, the work towards construction of the new District Hospital at Margao undertaken by Goa State Infrastructure Development Corporation (GSIDC) and nearing completion, and government shortly. The State's first private medical college with its teaching in full swing.

The construction work of setting up of Super speciality block at Goa Medical College and Hospital (GMC).

Hospital and the District Hospital had said that the Health Department will be ramping up the testing capacity by getting in the Abbott M2000 test machines. He has been on record that the health infrastructure is ready to handle any kind of spike in cases.

Vishwajit Rane had said that Goa is the only State, which is doing testing to such an extent and has a testing capacity 2,500 cases per day. Inherent in this promise was the ability to test and give results.

He had mentioned that the new machine of Abbott, which does about 256 tests per day (24 hrs) was already commissioned and we were ramping up testing as required.

The Health Minister that they had ramped up testing in such a manner that the wait for the test won't be over 24 hours. "We won't keep the tests pending," he had said.

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NY NETWORK
Punjab

Health Minister Vijayvargh Rane on Saturday announced that a plasma bank will be set up at the Government Medical College to house blood bank of the Ganga Medical College and Hospital, Bandhalwa, for treatment of critical COVID-19 patients.

He said that convalescent plasma therapy will soon be included in the treatment protocol for critical COVID patients after evidence is received from the central authorities.

CPT is a procedure where plasma is taken from the blood of a recovered COVID patient is transfused into a critical COVID patient. The blood of the recovered COVID patient

BANKING ON PLASMA

- Convalescent plasma therapy will soon be included in the treatment protocol for critical COVID patients after evidence is received from the central authorities.
- Government will also hire an American company to train technicians on a plasma bank for plasma transfusion to COVID patients.
- Plasma will be taken from voluntary donors - recovered patients who are above 18 years and below 60 years of age - and the plasma of the recovered patients will be transfused to donate plasma.

plasma department will be roped in to set up the plasma bank.

Rane will write to the ICMR with our proposal for setting up the plasma bank in the Government of the plasma therapy. We will also hire an MD and

contractual basis to run the plasma transfusion media centre plasma," he elaborated.

Plasma will be taken from voluntary donors who recovered patients who are above 18 years and below 60 years of age. Only 28 days of age from the disease, the minimum requirement. After the plasma is collected, it will be moved to donor plasma.

Rane said that the government will set up an academic committee or a transfusion committee or it will be formed to look into the necessities of the procedure and the plasma bank from the Marg-Service COVID Hospital.

Initially, our aim is to make 1000 CPT units

Team Herald

PANINI: The State Cabinet on Wednesday granted its approval for constituting Health Advisory Committee under Secretary Health to advise government on various modalities for variation and commissioning of some of the major projects including the new South Goa District Hospital and private nursing college and speciality block amongst others.

The seven-member committee will also advise government on commissioning of Tueni Medical College Hospital, strengthening of facilities for Tertiary Care Cancer Centre (TCCC).

As per the Cabinet note, the work towards construction of new South Goa District Hospital at Margao undertaken by Goa State Infrastructure Development Corporation (GSIDC) nearing completion and will be handed over to the State's first private medical college with an intake level in the first year.

The construction work of setting up of Super speciality block at GMC and College and Hospital (GMC)

under Phase III of Pradhan Mantri Swasthya Saurashika Yojna scheme is 75 per cent complete, which includes exterior and interior works.

The total amount of the scheme is Rs 386.35 crore, where Central Government is Rs 120 crore and of which the amount released is Rs 107.26 crore. The State share is Rs 266.35 crore and the amount sanctioned so far is Rs 160 crore and the amount to be sanctioned is Rs 106.35 crore.

The strengthening of facilities is envisaged under the tertiary care component of the National Programme for Prevention and Control of Cancer, in 12th Five Year Plan.

The civil construction cost is to the tune of Rs 150.80 crore. The cost of medical equipment is Rs 96.37 crore and recurring cost will be around Rs 13 crore. While the Centre's share is Rs 27 crore, the balance Rs 23.07 crore is to be shared by the State share.

Centre has so far sanctioned Rs 0.35 crore and State has sanctioned Rs 5.56 crore.

POWDERINGS



Patricia Preston Smith, is an award-winning journalist who won't let her involvement with Newswatch stop her from reporting on New York. She has interviewed 87 heads of state during her career and has authored the biography of Indira Gandhi at Manassah Chaudhary of Bhudat. Smith's university lives for God.

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South Goa district hospital to function as COVID hospital from Friday

Old Hospicio hospital will be reverted back as a district hospital

Team Herald

PANJIM: Health Minister Vishwajit Rane has informed that South Goa District Hospital (SGDH) will begin commissioning as a COVID-19 hospital from Friday. A meeting to discuss the functionality of the hospital with the concerned doctors and government officials also decided that all non-elective surgeries will be put on hold in view of shortage of beds while the Old Hospicio hospital will be reverted back as a district hospital.

"We aim to operationalise SGDH as a COVID Hospital by Friday with 250 beds. Goa Medical College (GMC) and Directorate of Health Services (DHS) will have an integrated team to work at the COVID Hospital, which will comprise of a pool of medical officers, expert doc-

tors, nurses and multi-tasking staff (MTS)," said Rane.

The meeting was attended by Secretary, Health Nila Mohanan, GMC Dean Dr Shivanand Bandekar, Acting Director (DHS) Dr Geeta Kakodkar, Medical Superintendent SGDH Dr Deepa Correia; and Dr Sunanda Amonkar, Dr Rajesh Patil and Dr Mohandas Pednekar. The government on Monday had announced converting the SGDH into a COVID-19 hospital.

Rane added that two 24/7 GVK EMRI ambulances will be deployed at SGDH for shifting of critical patients to ESIC or GMC, when required and that MTS will be deployed for patient handling at the hospital.

"In view of bed shortage, all non-elective surgeries are going to be put on hold and Old Hospicio to be reverted back as a District

Hospital. Emergency services and STEMI to continue operations; final-year nursing students to be deployed at Non-COVID health care centres to release experienced nurses for COVID duty and as per the direction of MCI (Medical Council of India), final year MBBS students to be deployed as residents," he added.

He said the health authorities shall continue to treat critical COVID patients at GMC while moderate COVID patients will be at ESIC and mild COVID patients at SGDH or SDH (Sub-District Hospital) Ponda.

"A time-table for rotation of the healthcare workers to be jointly decided by GMC and DHS. We shall be moving ahead and implementing the above with the support and guidance of Chief Minister Pramod Sawant," he added.

South District Hospital finally designated as Covid Hospital

THIRD COVID HOSPITAL HAS CAPACITY OF 400-500 BEDS



THE GOA DISTRICT HOSPITAL

PANAJI: In a move that could prove immensely beneficial to those in the coming days, the state government has finally announced its decision to designate the South Goa District Hospital as the third COVID hospital in the state with 400-500 beds.

We stand committed for giving better treatment and medical facilities to the people of Goa
—Chief Minister

The state government has designated the South Goa District Hospital as a dedicated COVID hospital with 400-500 beds in addition to ESIC and GMC. The decision was announced by Chief Minister Pramod Sawant on Monday. The move is expected to significantly increase the state's capacity to treat COVID patients. The South Goa District Hospital is located in Panaji and has a long history of providing medical services to the people of Goa.

30 in order of level. Some cases that are declared as critical will be treated at ESIC or GMC.

9 more succumb to virus infection; Goa tally 245

PANAJI: Nine more COVID-19 deaths were recorded on Monday taking the death toll of COVID in Goa to 245. A total of two more cases were also reported, while the District Health Officer stated at least 10 more cases have been reported in the state.

The total number of cases reported in Goa is 245. A total of two more cases were also reported, while the District Health Officer stated at least 10 more cases have been reported in the state. The state government has announced that the South Goa District Hospital will be designated as a COVID hospital from Friday.

344 Reported cases in the last 24 hours
4,501 Active cases in the state
358 Pending for treatment under medical facilities
16,427 Total cases reported in Goa

Subsequent statement of S.G. COVID Hospital said a 40-year-old man from Panaji and a 40-year-old man from Margao were the two more cases reported in the state. The state government has announced that the South Goa District Hospital will be designated as a COVID hospital from Friday.

State to have one more COVID Hospital

Govt designates South Goa District Hospital as COVID Hospital

NEWS NETWORK

Increasing in the rising coronavirus positive cases and facilities, the state government on Monday decided to designate the South Goa District Hospital as the third COVID hospital in the state.

The state has been a total of 245 confirmed cases of the COVID pandemic, which has so far claimed 245 lives. The state government has announced that the South Goa District Hospital will be designated as a COVID hospital from Friday.



A view of the South Goa District Hospital, Margao, which has been designated as a COVID Hospital.

Opposition parties and health experts have been demanding that the South Goa District Hospital be designated as a COVID hospital. The state government has announced that the South Goa District Hospital will be designated as a COVID hospital from Friday.

THE GOAN Times, 4th September 2020
Panaji, Goa. Tel: 020-25710000

THE TIMES OF INDIA

New S Goa dist hosp to be state's 3rd Covid facility: Rane

South Goa District Hospital now a COVID facility

COVID STATS

CONFIRMED: 21,175

ACTIVE: 4,501

RECOVERED: 16,427

DEATHS: 245

S G District Hospital to be COVID facility

GMC to continue to manage and treat critical COVID patients

THE GOAN

NEW CASES COUNT SHOWS FOR SECOND CONSECUTIVE DAY
PANAJI: An increase in the number of COVID-19 cases reported in the state while the state reported 344 new cases in the last 24 hours, in what could be a slight relief, the state government on Monday announced a decision for the second day in a row for the existing cases with above 100 to be second consecutive day at 500 people were declared as COVID positive.

While the active cases recorded are at 4,501, the total confirmed cases are 21,175 from a total of 21,175. The state government has announced that the South Goa District Hospital will be designated as a COVID hospital from Friday.

Continued on Pg. 2

One-year free treatment, checkups for plasma donors, families: Goa minister Vishwajit Rane

TNN | Sep 5, 2020, 04:13 AM IST



PANAJI: Health minister Vishwajit Rane said on Friday that all those who donate plasma would receive free monitoring and treatment through the directorate of health services (DHS) and primary health centres, as well as free executive checkups for one year for their families.

The minister said there's a need to provide donors with incentives. Rane also said the DHS is in touch with the department of food and drugs administration (FDA) to aggressively encourage more pharma employees to donate plasma. He also thanked the employees of a number of pharma companies who already donated plasma.

"There should be no fear in people's minds," he said. "Plasma can save someone's life."

Rane said that the director of health services himself has received plasma twice, and that his condition has improved. "When a private hospital asks for plasma, we give them," he said. "Ultimately it is Goan patients who are being treated. We can't refuse (to give plasma)."

The DHS has made bilingual posters to encourage more donors.

GMC HOSPITAL

Rane holds meet on streamlining response time to treat COVID-19 patients

NT NETWORK
Panaji

Health Minister Vishwajit Rane on Thursday chaired a meeting with top officials of the health department and senior doctors wherein he discussed further 'streamlining' of the response time to treat COVID patients at Goa Medical

College and Hospital, Bambolim.

In a statement issued here, Rane said that team at GMC is also working towards treating 'interstitial pneumonia' caused due to COVID-19.

"Since it (interstitial pneumonia) is very complex in nature, it is important to treat it at the right

time," he said.

Rane further said that the government is working on improvising the protocols and SOPs in the fight against the dreaded virus.

Earlier in the day, the Health Minister chaired a meeting with Secretary Nila Mohanan, Dean of GMC Dr Bandekar, Deputy Director of DHS Dr Geeta

Kakodkar and others to discuss the COVID management issue.

Rane said that spreading awareness has become increasingly crucial, adding, the government will be conducting awareness campaigns in order to reach out to the masses and impart knowledge on symptoms of COVID-19.

World Population Day

When the world's population reached 5 billion on 11 July 1987, it was observed as the "Five Billion Day" by the United Nations. Taking inspiration from this, the then Governing Council of the United Nations' Development Program for the first time in 1989 launched an initiative to observe 11 July as the World Population Day every year to garner world's attention towards the urgency and importance of population issues. As population explosion began to take the centre-stage as a cause of serious concern, the themes of the World Population Day focused on the health problems faced by childbearing women and the importance of family planning, gender equality, poverty, maternal health and human rights.

Health centres across the state on the occasion of 'World Population Day' organised awareness activities for families on the importance of family planning. Innovative concepts like family planning corner, basket of choice, counselling etc.



Information, Education and Communication by Dr Renavva Chawan (AYUSH) on World Population Day was recently conducted at SC Sacorda of PHC Pillim Dharbandora. Importance of family Planning, counselling and methods of contraception was discussed



Awareness on family planning was organised for the couple on the occasion of 'World Population Day'. Counselling was provided to them and a choice box was made available

Medical officer Dr Wilson Fernandes presented a complete IEC on importance of family planning and methods of Contraception. Counselling of EC Couples and choice box were made available to the public





IEC on on importance of family Planning & methods of Contraception on the occasion of 'World Population Day' during routine immunization session was conducted at SC Dharbandora of PHC Pilliem

Essay Competition on Importance of Family planning was organized for the anganwadi workers by PHC Pilliem, Dharbandora
1st winner - Sanjana Kurtikar from anganwadi centre in Pansule
2nd winner - Suvarna Dessai from anganwadi centre in Indira Nagar
3rd Winner - Kamal Gaonkar from anganwadi centre in Pratapnagar



Family Planning Corner at Sub Centre, Sacorda

Family Planning Corner at Sub Centre, Mollem



Family Planning corner at sub centres of PHC Pilliem Dharbandora.



Sub centre Shigao



Sub centre Nanus



Sub centre Dharbandora



Sub centre Dhaushire

World Population Day and Intensified Diarrhoea Control Fortnight awareness was conducted at Public Health Centre Navelim



Health talk on COVID-19 awareness, intensified diarrhoea Control fortnight (IDCF), ORS, zinc, importance of hand washing, World Population Day, family planning methods, temporary and permanent methods, advise on smaller family, happy family and Keep space between two children was given by Swallen Fernandes (IEC Supervisor) in presence of Sr Ratan Pagui, Lady Health Visitor (LHV), Kishor Arondeker Multi Purpose Health Worker (MPHW) and Sr Rakhi Auxiliary Nurse Midwifery (ANM).

A Basket of Choice containing temporary family planning methods was presented. A corner for Zinc ORS was displayed where ORS packets were distributed. Awareness was also conducted at Sub Centre Aquem Baixo, Sub Centre Dramapur, Sub Centre Dicarpali, Sub Centre Telaulim where hundreds of people were benefitted.

IEC on World Population Day and Intensified Diarrhoea Fortnight was conducted at PHC Navelim



IEC on World Population Day and Intensified Diarrhoea Fortnight was conducted at Sub Centre Aquem Baixo

IEC on World Population Day and Intensified Diarrhoea Fortnight at Sub Centre Dramapur



Activity on World Population Day and Intensified Diarrhoea Fortnight was conducted at sub centre Dicarpali

Activity on World Population Day and Intensified Diarrhoea Fortnight conducted at sub centre Telaulim



IEC on World Population Day and Family Planning at CHC Curchorem on by Multi-Purpose Health Workers (MPHW)

IEC on Family Planning at sub centre Panchwadi was organized on World Population Day by extension educator and MPHW



Family Planning awareness at Community Health Centre on World Population Day by MPHW

IEC on World Population Day at General OPD CHC Canacona. Family planning methods and Pre-Conception and Pre-Natal Diagnostic Techniques Act (PCPNDT) were discussed



Counselling of patient on the basket of choices at PHC Corlim

RMNCH +AN

Slogan competition for students

Goa Science Centre in collaboration with State Family Welfare Bureau, Directorate of Health Services, Panaji, celebrated the World Population Day on July 11, 2020. As a part of this celebration slogan writing and elocution competition was organised online for the students.

The slogan writing competition was organised for the students from class 5 to 7. The students had to write a slogan using any of the two keywords (pandemic, urbanization and health). In total 116 students from all over India participated in this competition.

The elocution contest was organised for the students from class 8 to 10 on topic, COVID-19: Survive against the Pandemic. The students had to record their video speaking on the topic for 3 minutes and email it. 66 students participated in this competition.



The list of winners is as follows:

1st: PAYAL, MCPS, Joshi road, Karol Bagh

2nd: KIMAYA RAHUL PATHAK, Mahila and Nutan English High School, Margao

3rd: AAROHI, MCPS, Joshi road, Karol Bagh

Consolation: **CHETANA GOANKAR**, Government High School, Vaddem Curdi

Consolation: **AATHARV DEEPAK NAIK**, St. Andrews Institute

1st: ADITI SAWAL DESSAI, Viscount of Pernem High School

2nd: PREET HEMRAJ BHATI, Vidya Mandir, Adarshnagar, Chicalim

3rd: SHAMBHAVI AMOL DESHPANDE, G.S. Amonkar Vidya Mandir

Consolation: **PUNEET TALWNEKAR**, Viscount of Pernem High School

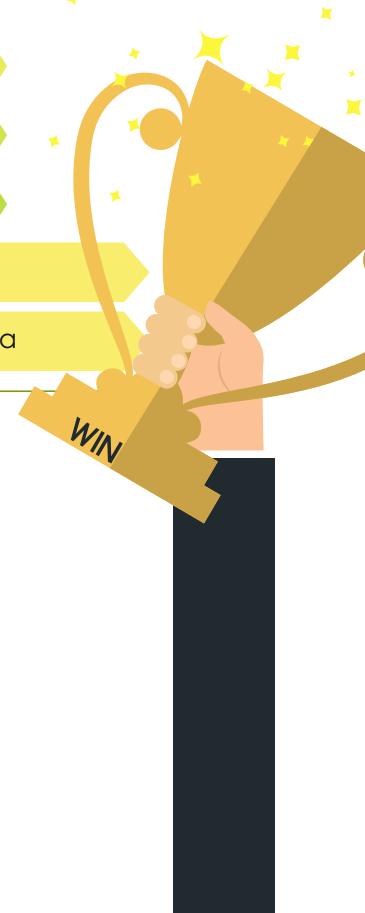
Consolation: **PALAK SHETKAR**, St. Anthony High School, Duler, Mapusa

Winners of Slogan Writing competition:

1st: PAYAL, MCPS, Joshi road, Karol Bagh
इम्यूनिटी पावर को बढ़ाना है
आरोग्य शरीर बने हमारा महामारी को हमे हराना है

2nd: KIMAYA RAHUL PATHAK,
Mahila and Nutan English High School, Margao
नागरिकों का एक ही नारा
सर्वव्यापी महामारी से मुक्त हो देश हमारा

3rd: AAROHI, MCPS, Joshi road, Karol Bagh
ज़िम्मेदारी
ना सिर्फ तेरी ना सरकारी
स्वास्थ्य और सफाई का रखे ख्याल
ताकि रोक सके मिलकर महामारी



World Breastfeeding Week

World Breastfeeding Week was celebrated across the state at all health centres recently. Rangoli, counselling of parents, food and quiz competition were held. The theme of World Breastfeeding Week 2020 is "Support breastfeeding for a healthier planet". Breastfeeding provides every child with the best possible start in life. It delivers health, nutritional and emotional benefits to both children and mothers. And it forms part of a sustainable food system. But while breastfeeding is a natural process, it is not always easy. Mothers need support – both to get started and to sustain breastfeeding.



Rangoli by Primary Health Centre (PHC) Curtorim on the occasion of World Breastfeeding Week



Community Health Centre, Curchorem



Rangoli competition for the staff of PHC Pilliem, Dharbandora



Rangoli by staff of PHC Navelim



Rangoli with a message on Breastfeeding



Rangoli at PHC Corlim



Rangoli competition at PHC Loutolim



Rangoli competition on Breast feeding for the staff of PHC Betki



Rangoli with messages on Breastfeeding at PHC Marcaim



Rangoli at the entrance of PHC Sanguem

Cooking Competition at PHC Marcaimon



Counselling lactating mother at PHC Curtorim

Information, Education and Communication (IEC) at CHC Canacona



IEC on Breast Feeding week at Sub-Centre Panchwadi

Awareness talk at Sub Centre Thivim





PHC Colvale

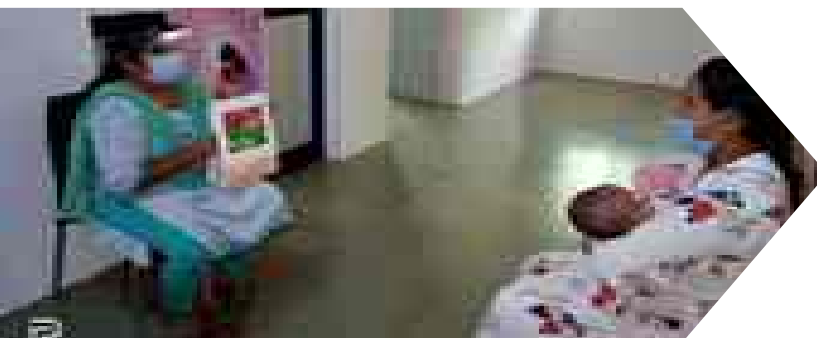


PHC Loutolim



Competition for mothers at CHC Curchorem

Awareness on hygiene during Breast feeding and counselling and postnatal care at UHC Panjim



Counselling using flip charts at PHC Pilliem

Quiz competition at Sub Centre Neura



Food preparation Competition for the house wives at Anganwadi Pokormol under Sub Health Centre Kalay, PHC Sanguem

Healthy Baby contest Rural Medical Dispensary (RMD), Collem



IMMUNIZATION

- a must !

Immunization for children play a very important role towards building their immunity to fight against disease. Vaccinations not only portct your children from deadly diseases, such as polio, tetanus, and diphtheria, but they also keep other children safe by eliminating or greatly decreasing dangerous diseases that used to spread from child to child. Routine Immunization are conducted at all health centres across the state, Information, Education and Communication (IEC) is also presented to the parents about the importance of immunization.



IEC on hand washing during IDCF fortnight during immunisation by Extension Educator at UHC Vasco



IEC on family Planning during immunization day at UHC Vasco By Extension Educator

Routine Immunization (RI) Session at PHC Cansaulim



NLEP

NATIONAL LEPROSY ERADICATION PROGRAMME

National Leprosy Eradication Programme (NLEP) has been implemented with the major objective of reducing the disease burden, prevention of disability and to improve awareness among the mass about leprosy and its curability. Multi Drug Therapy (MDT) is an important instrument to reduce the burden of active cases of Leprosy. Vertical services have been integrated into the General Health Care Services following which Leprosy services are being provided through all the Government Hospitals, Primary Health Centers and other Health Care institutions with the help of MDT services free of cost. Diagnosis is being done free of cost for treatment with MDT.

The objectives of NLEP:

- Elimination of leprosy i.e. prevalence of less than 1 case per 10,000 population in all districts of the country.
- Strengthen Disability Prevention & Medical Rehabilitation of persons affected by leprosy.
- Reduction in the level of stigma associated with leprosy

As proposed in Programme Implementation Plan (PIP) 2020-21, 'Special Skin Camps' will be held in Urban areas for case detection under NLEP one per quarter. A skin camp was conducted at Sneha Mandir old age home, Bandora under Public Health Centre, Ponda with the help of a skin specialist from Sub District Hospital Ponda st recently.



Examination of the eye



Examination of the legs



Examination of the hands





Special Leprosy Campaign/Activity was held at Bazarwada, Collem under Sub Centre Mollem of PHC Pilliem Dharbandora. Survey was conducted throughout the village by field staff



Special Leprosy Campaign was conducted at Palwada Village under Sub Centre Dhaushire of PHC Pilliem Dharbandora. Home visits were done for survey throughout the village by field staff and IEC Supervisor



Special Activity of Leprosy held at St Estevam (Jua) . Health Officer Dr Brenda Pinto and Nodal Officer Dr Alden D'souza visited the site along with Extension Educator and the team of PHC Betki



NTEP

NATIONAL TB ELIMINATION PROGRAMME

Programme performance first Quarter, 2020

TB patients notified	502
HIV Status known	89%
DM Status known	85%
UDST done	73%
Success rate	86%
NPY :	Amount Paid 16,10,000/-



1. Monitoring of programmes was carried out through video conference
2. Information, Education and Communication on T-shirts printed and distributed to PHIs
3. During the lockdown period Anti TB drugs were made available to all the patients on treatment, Drug sensitive as well as Drug Resistant TB. Supply of one month was given to the patients as per the guidelines
4. Monitoring and follow up of patients over the phone
5. Newly diagnosed patients were initiated on treatment and counselled
6. The diagnostic services were made available during the lockdown period. All the designated microscopy centres are functioning
7. Cartridge Based Nucleic Acid Amplification Test (CBNAAT) facilities are available
8. Payment to patients on Nikshay Poshan Yojana scheme is being carried out
9. Adequate stock of Anti-TB drugs has been made available at State Drug Store as well as all Public Health Centre's and same is being monitored
10. The patients from other states who were stranded have been given treatment
11. All Directly Observed Treatment Short Course (DOTS) centres are functional

Activities during second quarter, 2020

Tuberculosis patients notified	429
HIV Status Known	80%
DM Status Known	70%
UDST Done	68%
Success Rate	82%
NPY : Amt paid	21,46,500/-

- A month long intensive Direct Benefit Transfer (DBT) campaign (17th August-16th Sept 2020) for NPY payment was launched on 17th August, 2020.
- Cotton masks printed with IEC on Tuberculosis are distributed to Health staff.
- Monitoring of programme through video conference.



A month long intensive Direct Benefit Transfer campaign (17th August-16th Sept 2020) for NPY payment



Nutritional support kit provided by Human Touch foundation to all children's with Tuberculosis infection till Dec 2020





GOVERNMENT OF GOA



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Public Grievance officer :- Dy. Director Public Health

Public Information Officer :- Dy. Director (HIB)

Officer In-charge of Mediclaim Scheme :- Jt. Director Accounts (Health)

www.dhsgoa.gov.in
www.nhm.goa.gov.in