

Volume 1 | Edition 5

Combating COVID-19

RMNCH +AN (Reproductive, Maternal, New born, Child Health + Adolescent & Nutrition)

Immunisation – a must Non Communicable Disease Cell (NPCDCS, NMHP, NPHCE, NPPCD, NPPC, NTCP, PMNDP) National Vector Borne Diseases control Programme (NVBDCP) National Programme on Climate Change & Human Health National TB Elimination Programme (NTEP) National Leprosy Eradication Programme National Programme for Control of Blindness (NPCB) Deen Dayal Swasthya Seva Yojana. (DDSSY) Ayushman Bharat - Pradhan Mantri Jan Arogya Yojana (PMJAY)

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In the News

'Home Isolation Kit' launched at the hands of Chief Minister, Dr Pramod Sawant in the presence of Health Secretary Amit Satija, Director DHS Dr D'Sa, Dean GMC Dr Bandekar and Director FDA Jyoti Sardessai.



Knowledge sharing with Yale Institute for Global Health

A knowledge-sharing call with the faculty of Yale Institute of Global Health was recently held to discuss clinical and policy implications of COVID-19. During the call, an exchange of Goa's treatment protocols, CDC guidelines on discharge policy, cutting edge saliva testing being done in the US as an alternative to swab testing, and how turn-around time for sample testing needs to be cut down for effective contract tracing was thoroughly discussed. Present for the call were doctors from GMC, DHS, and Minister for Health Vishwajit Rane.

याले इन्स्टिट्यूट ऑफ ग्लोबल हेल्थसोबत आरोग्यमंत्र्यांची चर्चा

पणजी, ता. १० (प्रतिनिर्धा) : वाठे इस्टिट्यूट ऑव स्प्रेसक दिव्य कोविक इस्टिय्या को स्प्रेसक किये जगारे जनवा यासंपर्श्वाक आरोभपंकी विश्वविक राजे यायवालेक राज्यातेन विश्विव विक्रमित्र प्रकारकार्गा कवा केता यावेद्या कविक प्रकार जाते काराराठरात्री जनवायकारणा जाते काराराठरात्री हरण्यात आले. कोविड उपचार प्रणाली गर्गदर्शनाचा वापर आमरी राज्यातील व्या उपचा साठी करणार याचा योग्य फावदा करून वाची माहिती आरोम्यमंत्री जित रागे बांनी दिल्ही



जित राणे. बाजुला डॉक्टरांचे पथक Goa, Main 11/08/2020 Page No. 2





HOME ISOLATION KITS UNVEILED

AYUSH doctors to assist in

COVID treatment

CM plays down mortality rate, attributes 95% deaths to co-morbidities

ANDESH KAMBLI | NI

COVID facility in S Goa district hospital may start on Sept 11 ting COVID

NT NETWO Tuesday said the ntis aiming at op-sing by Septem-e new South Goa lospital in Mared to des-a Goa hos-bre COVID





कासावलीचे आरोग्य केंद्र लोकार्पणाच्या प्रतीक्षेत

राहत्वी यासाठी माणानी यांच्या कुटुंबाने क्षमता असलेल्या या केंद्रात ओ बमोन दिलो आहे. मात्री मुख्यमंत्री आईं व मुलासाठी वॉर्ड, त्यावव	डाबोठठी, ता. १२ (कार्तार): - मुलाव तारुवसार्वक कारास्ता देशील कार्वजक आरोम केरावे काम पूर्व कार्वजक आरोम केरावे काम पूर्व कोर्वज का कार्यात ते लोकरंगाच्या केरावंत्र वाची मंत्री मार्थनी सार्व्या किरावंत्र त्यांख्या पर्वते जामपर किरावंत्र त्यांख्या पर्वते जामपर किरावंत्र त्यांख्या पर्वते काम पुरे के तेव आरोग केडामी इमरत उभी तर्वते राज्यांती मार्वनी संपत्न उभी	मतोहर सर्विक सांचया हरने वा का सित्त-यास करण्यात उत्तरा हे तेता. स्थारत साहूर वा वागी नगीन स्था- सांचया हरती फेप्पात आठे सेठे. सेवे साह सेता स्थारता नगरंत का साह प्रायमिक आरोप्प के स्थाप प्रायतिक आपणापुरिक सीची मु असरागर आहेत. सप्ट्रान ६२ रव सम्पात आरोटन वा केदता जो आई व मुतासाही बॉर्ड, त्यावक

शिरोडा कोविड सेंटर कोरोना रुग्णांसाठी जीवनदायिनी इस्पितळात डॉ. अक्षया पावसकर यांच्या नेतृत्वाखाली ५० कोविड योद्धे कार्यरा 0

State to have one more COVID Hospital Govt designates South Goa District Hospital as COVID Hospital

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Status of COVID-19 for the month of September 2020

	September 2020	Cumulative as on 27 th October 2020
Sample tested	55811	293591
Positive	16000	42747
Deaths	236	585

Directorate of Health Services continues its fight with COVID-19 in the state through public engagement, awareness, testing, and newer facilities for the people



Rapid Antigen testing conducted at PHC Betki

Home isolation guidelines discussed with PHC staff by Health Officer PHC Betiki





IEC activities on COVID-19 were conducted and precautionary guidelines were displayed at the Community Health Centre, Canacona.

Field visit on COVID-19 conducted at Akhada, St.Estevam by the team of PHC Betki along with Mamlatdar, Tiswadi police personnel and Panch member of Village Panchayat St. Estevam Antigen testing conducted by the COVID-19 warriors at the Sports Complex, Colvale





COLVALE SPORTS COMPLEX

Sub centre staff placing 'Home Quarantine stickers' on houses in Sirsaim and Camurlim area under PHC Colvale jurisdiction

Poster competition on COVID-19 and safety was conducted at PHC Corlim for children of the staff. Awareness on COVID-19 was done through these posters



Testing being conducted at PHC Corlim





'No Contact Sanitization' stations installed for the general public outside the PHC premises

Social distancing maintained by OPD Patients at PHC Pillem, Dharbandora



All safety measures being followed during swab testing at PHC Pilliem, Dharbandora

Separate toilets arranged for public visiting for swab testing at PHC Pillem, Dharbandora





Information, Education and Communication (IEC) on COVID -19 for adolescent girls by Extension Educator Safety measures taken by Medical Officer during OPD hours at PHC Pilliem



State Performance Report 2020-21 from RCH PortalAs on 28/09/2020

	Estimate during 20	Ũ			Po Rata% of Data En in 2020-21		
State	Mother	Children	Mother	Children	Mother	Children	
Goa	20980	19150	6149	5297	60	56	

Family Welfare Achievements

	Needs	September	CUM	%
VASECTOMY	63	0	0	0
TUBECTOMY	4405	110	669	15
IUCD	2853	44	249	9
CONDOM USERS	13418	694	3195	24
OP USERS	3543	171	835	24
CENTCHROMAN	705	23	142	20
ANTARA	2700	36	158	6



Rashtriya Poshan Maah (National Nutrition Month September 2020)

The POSHAN Abhiyaan (National Nutrition Mission) PM's Overarching Scheme for Holistic Nourishment was formally launched on March 8, 2018 to improve the nutritional status of children, pregnant women and lactating mothers through specific targets for reduction in Low birth weight, stunting, under nutrition and prevalence of Anaemia.

POSHAN Maah

Month of September 2018 was celebrated as Rashtriya POSHAN Maah. The activities in POSHAN Maah focussed on Social Behavioural Change and Communication (SBCC). The broad themes were: antenatal care, optimal breastfeeding (early and exclusive), complementary feeding, anaemia, growth monitoring, girls' - education, diet, right age of marriage, hygiene and sanitation, eating healthy - food fortification.

In view of above, State Family Welfare Bureau, Directorate of Health Services, Goa instructed all 37 peripheral health units to celebrate POSHAN Maah by conducting various activities which are as follows:

Exhibition showing nutritious food items: sources of all nutritive values may be display in the waiting area or any suitable place in the peripheral centre as a part of observance of National Nutritional week.	All beneficiaries attending OPD
Nutritious food cooking competition for postnatal /Housewives (category wise : like Green leafy vegetables, Cereals / pulses mix etc)	Postnatal / Women in Eligible couple group

Quiz (spot prize) competition may be organized for antenatal during ANC OPD wherein simple question may be asked on Nutrition & about MCP card only.	Antenatal
Chart showing the Nutritive components – competition may be organized for Adolescents group followed by awareness programme during Adolescents Friendly Club Meeting / Adolescents Health Day. Session or quiz can be conduct through Zoom or Google meet platform.	Adolescents



District Early intervention Centre (DEIC)

- DEIC North conducts training on every Friday for all the centres to highlight facilities and services available at DEIC North and presently ongoing session is on Intellectual disabilities...
- State TOT training under School Health Program was conducted by ministry of Health and Family welfare with coordination of Education Department from August 25-18, 2020. Four doctor from DHS and eight teachers from schools were trained
- Further there will be cascade of trainings for school health Ambassadors

ICMR Guidelines for Management of Pregnant Women in COVID-19 Pandemic. Obstetric units should take into consideration.

Appropriate isolation of pregnant patients who have confirmed COVID-19 or are Persons Under Investigations

Basic and refresher training for all healthcare personnel to include correct adherence to infection control, Personal Protective Equipment (PPE) use and handing (preferably by a video presentation)

Sufficient and appropriate PPE supplies positioned at all points of care

Processes to protect new-borns from risk of COVID-19

Total number of deliveries for the month of September 2020

Public facilities	760
Private facilities	751
Total	1511

4.1 Flowchart for Management in Pregnant Women (Adapted from Lancet)



Immunisation Programme

Achievements:

1. Full Immunization Coverage till September 2020	95.2% (Pro rata basis)
2. Total AEFI cases reported from January to September 2020	31
3. Total AFP cases reported from January to September 2020	08
	00
4. Total MR cases reported from January to September 2020	29

Activities:

1. Pneumococcal Conjugate Vaccine State level training of trainers conducted on September 16-17, 2020 on virtual mode wherein HO/MO incharges were trained.

Following this, cascade of training was initiated at peripheral health centers level for MOs, ANMs, MPHWs, AWWs, DPOs, Mukhya Sevikas etc.

2. State AEFI Causality meeting was held on September 25, 2020 via virtual mode and 28 AEFI cases were discussed



3. Supervisory visit done at PHC Corlim by state level officials

National Nutrition Week

National Nutrition Week is celebrated every year. This initiative is supported by health centers across the state. The celebrations centered around importance of nutrition, exhibition and competitions. Nutrition is of the utmost importance, especially in the times that we are living today. People were encourage to pay attention to themselves and maintain a healthy lifestyle



Exhibition on nutrition and posters on it's importance were displayed at the premises of Community Health Centre (CHC), Canacona

Primary Health Centre (PHC) Colvale observed a week long 'National Nutrition day' celebrations. A Nutrition Exhibition was organised at the premises of the Health Centre where various types of home-grown, green leafy vegetable and mould pulses were displayed. Medical Officer, Dr Damodar Narvencar gave a brief explanation on the importance of vegetables displayed. The exhibition was open for Staff and OPD patients



National Nutrition Week 2020 was celebrated at PHC Betki. A quiz competition on Nutrition for antenatal beneficiaries was held. Prizes and token of participation was given to the winners and participants





Awareness programme on nutrition, cooking competition on Nutritious food were a part of the National Nutrition Week celebrations held at Bhoma, Betki. Prizes and token of participation was distributed to the winners and participants

National Nutrition week at Kumbarjua

Cooking competition was organised on the occasion of National Nutrition Week for antenatal and postnatal care mothers based on green leafy vegetable easily available and grown in the kitchen garden, prizes were distributed to the mothers

SHTRIYA POSHAN MAAH

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On the occasion of Nutrition week, Quiz competitions and spot prizes were organised for mothers at PHC Colvale during immunization

IEC Activities at peripheral level on the Observance of National Nutrition Week was held. Awareness on what is nutrition, importance of nutrition, healthy effects of green leafy vegetables and balanced diet

Vegetable plantation was done in the premises of UHC Margao. Where vegetable saplings like Tambdi bhaji, mulyachi bhaji, kothimbir, methi bhaji, chitkibhaji were grown

Nutritious food cooking competition for postnatal women, housewives was conducted under the category green leafy vegetables, cereal, pulses mix etc.



Quiz and spot prize competition was organized wherein questions were asked on Nutrition and Mother Child Protection card (MCP)



Exhibition on nutritious food and its importance was displayed at PHC Pilliem, Dharbandora for General Public on the occasion of National Nutritional week

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Quiz competition on nutrition and Mother Child Protection card (MCP) was organised for mothers during routine immunization session held at Sub-Centre Dharbandora of PHC Pilliem Dharbandora. Spot prizes were given to the winners

Quiz competition on Nutrition at PHC Pilliem Dharbandora



Awareness programme on Nutrition , conducted at Anganwadi Palaskata under Sub-Centre Shigao

Awareness programme and healthy-cooking competition was hosted for mothers of Tamsoda village at Matoshri Anandibai Vamanrao Marathe High School under Sub-Centre Dharbandora. Ayurvedic Physician, Dr Anjali Dessai provided detailed information on Nutrition

ASHTRIYA POSHAN MAAH



Display of nutritious fruits and vegetables at PHC Navelim on the occasion of National Nutrition Week. Locally grown green leafy vegetables, pulses, cereals were displayed to create awareness on its importance

Nutritious food cooking competition was organized for the PHC Staff. Healthy dishes made from green leafy vegetables, pulses, cereals prepared by the staff was displayed to create awareness on National Nutrition week







Google meet session by Extension Educator in collaboration with Food and Nutrition Board. Cooking competition was organised for all the staff of PHC Sanguem in collaboration with



AYUSH on the occasion of National Nutrition Week. Three best nutritious dishes were selected by Health Officer Dr Seema Fondekar and Medical Officer Dr Megha Kudchadkar. 15 staff members participated in the competition. IECs on nutrition and its importance was also conducted by Auxiliary Nurses and Midwives and Lady Health Visitor (LHV) at various sub-centres and during immunization

Cooking competition was organised for the staff of Urban Health Centre (UHC) Margao. The theme for the cooking competition was Vitamin C rich recipes. Prizes were given to all the participants



Awareness on nutrition was delivered by Nutrition Officer, South District Melkiza Furtado,

during immunization session on the occasion of National Nutrition Week. Quiz Competition was also organised and prizes were given to the winners







IEC on nutrition for adolescent girls at Anganwadi Baina was organised by Extension Educator Karishma Kerkar

Awareness programme on Poshan Maah at Anganwadi Dhat under SC Shigao of PHC Pilliem Dharbandora was held in collaboration with WCD Department Dharbandora. Panch member of Village Panchayat Dharbandora were also present for the same.





Awareness programme on Poshan Maah was conducted during Routine immunization session at PHC Pilliem Dharbandora. Topics like immunization, breastfeeding, and COVID-19 were discussed





Awareness programme on Poshan Maah during routine immunization session at Rural Medical Dispensary (RMD) Usgao of PHC Pilliem Dharbandora was conducted, various other health related topics were also discussed

Poshan Vatika - Nutri Garden, was created at Pansule Anganwadi as an observance of Rashtriya Poshan Maah, different vegetable saplings were planted



Awareness programme on Rashtriya Poshan Maah and growth monitoring of Children at Pansule Anganwadi



Awareness talk on Rashtriya Poshan Maah was delivered during Routine immunization session at Rural Medical Dispensary (RMD) Collem



Webinar at PHC Pilliem on Rashtriya Poshan Maah by Community Food and Nutrition Extension unit along with the DWCD Block office

Quiz competition on Poshan Maah and awareness on nutrition, importance of breastfeeding, importance of locally grown green leafy vegetables, pulses, cereals, immunization, Anaemia, MCP card were conducted by Nutrition Officer, UHC Margao Melkiza Furtado for the postnatal mothers. Spot Prizes were distributed by LHV, Sr Ratan Pagui and IEC Supervisor Swallen Fernandes

TVA POSHAN MAAH

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Poshan Maah was observed at PHC Navelim during immunization, where health talk on various important topics was conducted by Nutrition Officer, Melkiza Furtado and IEC Supervisor, Swallen Fernandes

Being Health Wise

Rashtriya Kishore Swastya Karyakram (RKSK)

Awareness and activities on the occasion of **Adolescent Health Day** were conducted through out the state. This day aims to increase awareness about adolescent health and development issues and to dispel various myths and misconceptions regarding various issues particularly related to Nutrition, Mental Health, Sexual & Reproductive Health and Menstruation etc.



Information, Education and Communication on Adolescents Health Day was organized at Village Panchayat Gaondogrim in Canacona. Talk on adolescent health, COVID -19 and nutrition, Reproductive, Maternal, Newborn and Child Health (RMNCH) was delivered by the IEC Supervisor. 52 adolescent girls were present for the event.

Adolesscent Health Day (AHD) celebrated at Tamsoda under Sub-Centre of Primary Health Centre (PHC) Pilliem, Dharbandora recently. Talk was given by Counsellor Sudesh Gaonkar (RMNCH+A), where he discussed in detail on nutrition, WIFS, NDD and tobacco and its ill effects. Around 23 students were present. IEC Supervisor present for the event discussed about mental health.





Adolescent Health Day was celebrated with adolescents at the Sub-Centre Cotarli, under PHC Sanguem. Talk on Stress management during this pandemic of COVID19, nutrition, tobacco and other related topics to adolescents were delivered to the participants by Extension Educator (EE) Ignatius Xavier, AYUSH Dr Shilpa Kaisulkar and Counsellor Satish Gaonkar. 15 Adolescents were present for the event. Dr Vaibhavi Raikar spoke on COVID- 19 and Nutrition Officer, Melkiza Furtado spoke on nutrition. Participation prizes were given to the students.



IEC on NCDC programme was organised for the adolescent of Cotarli, at Sub-Centre Cortali under PHC Sanguem. Talk on stress management during this pandemic of COVID-19, tobacco and other related topics to adolescents were delivered to the participants by Extension Educator and Counsellor.

Awareness programme for the adolescents of Tamsoda Village was conducted, under SC Dharbandora of PHC Pilliem

National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular diseases and Stroke (NPCDCS)

Changing Diabetes Barometer (CDB) Progress report for the month of August:

	September	Total
Diabetes Educators at	2382 pts	66841 pts
15 CDCs across Goa counselled		

STEMI project report: Under the STEMI Goa project 1731 critical ECGs were diagnosed, 547 STEMI were diagnosed and 396 STEMI patients were thrombolyzed from January 2020 to August 2020.

State Level Functions: World Heart Day was observed on September 29 and activities were planned at peripheral health facilities to create awareness. A State level photography competition along with unique tagline '#use heart to' was organized for Staff of Directorate of Health Services (Regular/contractual/bond). 44 entries were received from staff under DHS. Winners will be declared soon and cash prizes will be given to them.

Photography competition

RESULT of the	Organised by
State Level	erganisea sy
Photography Competition on	(in the second se
World Heart Day 2020	
World Treaty Day 2020	Non Communicable Disease Cell
for the staff of Directorate of Health Services	Directorate of Health Services Panaji-Goa
1st Place: Dr. Aishwarya Satardekar (Public Dentist- PHC Lou	itolim)
2nd Place: Dr. Aniket Gawas (Medical Officer- PHC Colvale)	
3rd Place: Suman S. Madkaikar (LHV PHC Corlim)	
Consolation: Dr. Vaibhavi Shridhar Barve (Ayurvedic Physician-Ch	HC Sankhali)
Consolation: Pooja Pandurang Naik (Monitoring & Evaluation Ma	nager, AB
PM-JAY, DHS)	
Consolation: Dr. Savita Naik (District Epidemiologist, DHS)	
Consolation: Dr. Ugam Tari (Medical Officer-PHC Betki)	
Consolation: Dadu Bandekar (ACSM Officer-NTEP, DHS)	AL WEALTH HIS .



Use Heart to adopt a lifestyle without a cardiologist





IEC Activities (State level): World Heart Day was observed on September 29 at all peripheral health facilities by conducing talks on healthy lifestyle, meditation and yoga sessions etc. STEMI centres projected the STEMI project video, gave talks on causes, risk factors and symptoms of heart attack and informed the public about STEMI facilities provided at the nearest centre free of cost. A state level photography competition was also organised for the staff of DHS on the theme of World Heart Day in order to create awareness.



Any new updates/ changes etc. about programme: STEMI-Goa project started by Directorate of Health Services, Goa aims at reducing mortality and morbidity in state due to ST elevation myocardial infarction in Goa. It follows a Hub(1) and Spoke(12) model. Hub being the Goa Medical College and spokes are the Peripheral Health facilities under DHS. The programme has now been scaled up by adding 5 more spokes (CHC Bicholim, PHC Betki, PHC Candolim, PHC Balli and PHC Sanguem) and 3 new Hubs (Victor Hospital, Manipal Hospital and Healthway Hospital). Training of medical officers have been conducted for the implementation of the same.

Important links: Link for the STEMI project video https://youtu.be/I5gEUpLovX4 & https://youtu.be/3xXVfbbwYxs

National Tobacco Control Programme (NTCP)

Talk & Quiz Competitions for various schools on virtual platform i.e. Google meet at North District Level by District Tobacco Cessation Center Asilo Hospital Mapusa.

Date	Type of Activity (Training/Awareness /Talk/Quiz)	Brief Details of Activity	No. of Participants & Type of Participants	Benefits to the Participants
10/09/2020	Talk & Quiz	A talk on 'Health Hazards of Tobacco, use of tobacco and risk of developing COVID 19' by Social Worker, Sneha Sawant on online platform. Three schools participated: 1.Government High School Shirodawadi, Bicholim 2.Mahamya High School Mayem, Bicholim 3.Rauji Rane Memorial High School Maulinguem, Bicholim	45	Awareness among children's about ill and harmful effects of tobacco use. Ways of educating the parents and other people In the society/community through students.

Report of the Activity: District Hospital Mapusa DTCC

Appendix

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Report National Tobacco Control Programme (NTCP)

Virtual Session for Nodal Teachers at CHC Bicholim under the programme Mission Tobacco Free Goa (MTFG).

Date	Type of Activity (Training/Awareness /Talk/Quiz)	Brief Details of Activity	No. of Participants & Type of Participants	Benefits to the Participants
24/09/2020	Virtual Meeting on Google meet platforms for Nodal Teachers	Webinar session for Nodal Teachers of CHC Bicholim under Mission Tobacco Free Goa programme. Talk by Dr. Shaheen sayyed District Nodal Officer NTCP & Dr. Pradnya Kakodkar Medical Officer (Dental) Asilo Hospital Mapusa.	Teachers total participants 56	Awareness about Harmful and ill effects of tobacco and regarding Tobacco factors for Covid-19 by suppressing the immunity which is very much needed to fight the deadly COVID 19 diseases Oral Cancers, Smokeless Tobacco.

Report of the Activity PHC/CHC/UHC: CHC Bicholim

APPENDIX



Statistics/ reports of the month: September 2020

Malaria Cases			
Year	North	South	Goa
2019	205	67	272
2020 till September	63	9	72
ΑΡΙ			
Year	North	South	Goa
2018	0.3	0.2	0.24
2019	0.28	0.08	0.17

History: World Mosquito Day

World Mosquito Day was observed annually on August 20. Sir Ronald Ross discovered the malaria parasite in mosquito which proved that malaria is transmitted through mosquitos. His relentless efforts ultimately culminated on August 20, 1897 at the Army Hospital for India troops in Begumpet, Secunderabad by observing an oocyst in Anopheles mosquito. His findings laid the foundation for the method for combating malaria globally.

The World Mosquito day is observed to commemorate his discovery in 1897 that female mosquito transmit malaria and to honour his discovery regarding the link between humans, Malaria and mosquito, which changed the health setup considerably ensuring that human can be protected.

World Mosquito Day was observed by the peripheral health centres by conducting advocacy workshops following COVID 19 guidelines

Awareness at PHC Balli

Awareness at PHC Betki

CHC Curchorm





IEC activities/innovative activities conducted by periphery Health Centres:

Some of the innovative ways of IEC/BCC activities conducted by some of the peripheral health centres are as follows.

- 1) As schools are closed due to COVID-19 pandemic some health centre conducted 'webinars' for teachers to create awareness regarding Vector Borne Diseases (VBD).
- 2) Involvement of local Panch/Councillors/MLA of the area during Source Reduction Drive, Information, Education and Communication (IEC) activities along with Health Officials for better result and coverage.
- 3) IEC material like pamphlets printed by the local panchayat and distributed during the door-to-door awareness activities by the local Sarpanch/Panch along with Health Officials.
- 4) A video by a Medical Officer of PHC regarding Vector Borne Diseases (VBDs) was played regularly in the waiting room area during OPD timing to create awareness regarding VBDs to all the patients and their relatives attending the OPD.
- 5) Distribution of LLINs at the construction sites and conducting IEC for the labourers at the site with involvement of the contractor and owner of the construction by following COVID-19 guidelines.
- 6) Scroll messages on prevention and control of Dengue 'Do's and Don'ts' were telecasted on local news channels for creating awareness amongst the general public.
- 7) Miking as a IEC activity was also conducting to create awareness due to increase in COVID-19 cases in that area.



Important links :

Link of the IEC video developed by Medical Officer of PHC Candolim. https://m.facebook.com/story.php?story_fbid=3215335408555738&id=100002379305624&s fnsn=wiwspwa&extid=k855hFbi2wrTNNaJ&d=w&vh=i

National Programme on Climate Change & Human Health

Fruits bearing sapling were planted at the campus of PHC Corlim by the staff on the ocassion of the **First International Day for Blue Skies**. Besides, talk on importance of tree plantation, benefits of medicinal plants and fruit bearing plants was also conducted.

Cleaning of Sub Center, Siridao was conducted on the ocassion of First International Day for Blue Skies



Cleanliness session and cleanliness drive at Sub Center, Goltim



Session on the importance of tree plantation, benefits of medicinal plants and fruits bearing plants at Sub Center Diwar



Sub Centre Ella observed First International Day for Blue Skies, tree plantation and cleanliness drive was conducted



First International Day for Blue Skies celebrations at Piliem, Dharbandora. Plantation of fruit and flower bearing plants was conducted in the PHC Premises with Dr Sandesh Madkaikar, Health Officer and PHC staff. Plants like Guava, Lemon, Amla, almonds etc. were planted

Awareness talk on First International Day of Clean Air for Blue Skies was hosted for the staff of PHC Pilliem Dharbandora by Health Officer, Dr Sandesh Madkaikar. Detailed information on effects of air pollution on health was discussed for the meeting



National Quality Assurance Services

World Patient Safety Day was celebrated with great enthusiasm across all the health centres in the state. The overall objective of World Patient Safety Day is to enhance global understanding of patient safety, increasing public engagement in the safety of health care and promote global actions to enhance patient safety and reduce patient harm. Awareness on health and safety, competition and oaths were taken on the day



Pledge taken by staff on World Patient Safety Day at PHC Betki



Sensitization on importance of health and safety for the staff of PHC Corlim

Staff of PHC Corlim taking Pledge on "Premium non nocere- First Do No Harm" by following social distancing



National Tuberculosis Elimination Programme



Statistics / report of the month: September, 2020

Sr. no.	Particulars	Achievement (Jan – Sept 2020)
1.	TB Notification	1210 (50%)
2.	UDST Report	851 (72%)
3.	HIV Status	1078 (91%)
4.	Co-morbidity	1045 (88%)
5.	Treatment Outcome	2121 (91%)

IEC Activities:

A) State level Webinar was conducted on Bidirectional screening for TB and COVID-19 for Health Officer, Nodal Officer for Tuberculosis, Private Practitioners. Total number of Participants 71.



Nutritional support packets were provided for 50 TB infected Children for the month of September by Human Touch Foundation.

Important link: Face book(https://www.facebook.com/tbcontrol.panjim/)

National Leprosy Eradication Programme (NLEP)

Special Skin Care Camp was conducted at Kunchelim under UHC Mapusa in collaboration with North Goa District Hospital on September 25, 2020, under the guidance of Skin Consultant from NGDH, Dr Divya Fulari. Total 35 number of people were examined

Skin Camp was held at UHC Margao. Around 31 people were present. Skin specialist from STD clinic Hospicio hospital Margao, Dr Karla Felero, examined the people for various skin problems and prescribed medication accordingly.

Let us make Goa Leprosy free PATCH ON SKIN, MAY BE LEPROSY EARLY DETECTION, EARLY TREATMENT PREVENT DEFORMITIES IN LEPROST

National Programme for Control of Blindness (NPCB)

Monitoring Report NPCB & VI for the month of September, 2020.

No. of Patients Examined	Cataract operation performed	Glasses Prescribed
2548	35	04

In view of increasing awareness to encourage eye donation, The National Eye Donation Fortnight was observed in the state between August 25 and September 8. Awareness programmes were conducted to raise understanding about the significance eye donation. The main aim is to address the huge lack of eye donors in our state





Programme on Eye Donation conducted at Orgao

35th National Eye Donation Fortnight celebrations during the Routine immunization session at PHC Pilliem, Dharbandora



Deen Dayal Swasthya Seva Yojana (DDSSY)



Goa Deen Dayal Swasthya Seva Yojana mygovernmentschemes.com

Statistics/reports of the month: September 2020

	ACHIEVEMENTS	
Particulars	For the month	Cumulative
		(April 20 -Sept 2020)
No. of Cards	New : 1652	Renewed for the policy
		Year 2020-21-214062
Claims raised	No. of	
	Beneficiaries – 1351	No. of Beneficiaries – 3727
	Procedure done – 1518	Procedures Done – 8316

Important links: Website: <u>WWW.ddssygoa.com</u> Email Id : <u>ddssydhs@gmail.com</u> Contact No. : 0832-2225646 Ext. 248 / 204

Ayushman Bharat Pradhan Mantri Jan Arogya Yojana (AB PM-JAY)

Statistics/reports of the month: September 2020

	Achievements		Percentage
Particulars	For the month	Cumulative (April 20 -Sept 2020)	
Claims raised	5 cases	43 cases	

State level Functions:

On the occasion of completion of two years for the scheme, a four day virtual event for learning and knowledge sharing was organised by the National Health Authority from September 22-25, 2020.

The event was inaugurated on September 22, 2020 by Union Minister for Health and Family Welfare, Dr Harsh Vardhan, in the presence of Minister for State Ashwini Kumar Choubey, and CEO AB-PMJAY, Dr Indu Bhushan.

On September 23, 2020 a video conference was held on 'Catalysing a more robust health system through digital technologies' and 'Moving towards universal health coverage'.

An international virtual event was held on September 24, 2020 on 'International sharing of best practices on expanding coverage'.

Sessions on 'Moving towards UHC through convergence and expansion of beneficiary base by states under AB PM-JAY' and 'Ensuring quality outcomes through HBP rationalization and innovations in fraud management' were held on September 25, 2020.

In Goa on September 23, 2020, a virtual event was organised by the State Health Agency Goa to felicitate the top performing health facilities in terms of beneficiary identification under AB PM-JAY.

Best Performing Goa Government Health Facilities are:

Sr no.	Name of the PHC/CHC/UHC	E-cards Generated for Village
1	CHC Curchorem	Cacora
2	PHC Sanguem	Sanguem
3	UHC Mapusa	Mapusa
4	CHC Bicholim	Latambarcem
5	PHC Shiroda	Shiroda



IEC activities - state level:

-Social Media (Official DHS Facebook page)





-Felicitated all PHCs on identifying beneficiaries and creating golden cardrecords

AB PM-JAY and DDSSY Scheme Convergence Meeting was held with Chief Minister Goa Dr Pramod Sawant and Health Minister Vishwajit Rane



Below is the link of empanelled hospitals under AB PMJAY : <u>https://hospitals.pmjay.gov.in/Search/</u>

To check your eligibility kindly visit: <u>https://mera.pmjay.gov.in/search/login</u> or Can visit the nearest DDSSY Center/Kendra.

Helpline Toll free no. 18002332568

Other IEC/BCC Activities



Awareness on suicide prevention, depression and how to takle it, coping with stress and importance of considering counselling when feeling depressed given to the people visiting the health centre

Sensitization workshop on **Pre-conception and Prenatal Diagnostic Technique (PCPNDT)** was conducted at PHC Corlim. Topics discussed during the

workshop were Importance of Girl Child, Beti Bachao Beti Padao, Prohibition of sex determination in India, sections under PCPNDT Act. The resource people present were Medical Officer Dr Deval Naik, Physiotherapist Dr Ratishma Shirodkar, Ophthalmologist Dr Kerkar, and IEC Officer Diksha Kalangutkar. 19 ANM staff of all the sub centers under PHC Corlim were present

World Rabies Day observed during OPD by displaying Anti Rabies poster, people attending OPD were sensitized by Public Health Nurse (PHN) Carol Menezes and Lady Health Visitor (LHV) Sujata regarding precautions to be taken after dog bite and anti-rabies mission



World Heart Curtorim at the Ango delivere Ignative Dr Riyo Noronho ANMs of participants social distance

World Heart Day was observed by PHC Curtorim at Panchayat Hall Davorlim for the Anganwadi workers. Talk was delivered by Extension Educator Ignatius Xavier, PHN Carol Menezes, Dr Riya Patak along with SI Jose Noronha, also present were LHVs and ANMs of Davorlim and Rumdamol. 22 participants were present maintaining social distance and following sanitization norms



On the occasion of World Heart Day 2020, a programme was arranged for the OPD Patients at PHC Sanguem. Awareness talks were delivered by Medical Officers Dr Megha Kudchadkar and Dr Gopinath, Extention Educator Ignatius Xavier also spoke on the occasion. Videos of STEMI project (ST segment elevation myocardial infraction) were played regularly in the OPD for public awareness

Vanmahotsav celebrations at health center in collaboration with Forest Department Dharbandora. Fruit saplings were planted in the premises of the health centre





IEC on National Tuberculosis Elimination Programme (NTEP) was organized for the mother's in Tamsoda Village under SC Dharbandora of PHC Pilliem Dharbandora. Ayurvedic physician, Dr Anjali Dessai provided detailed information on tuberculosis and its signs, symptoms and medication

Cleanliness drive conducted around the premises of PHC Pilliem Dharbandora



Outreach immunization session conducted at Vaddem, Gawliwaddo by PHC Sanguem. Migrant children were immunized and its importance was discussed with the parents and guardians by PHN Deonisha D'Costa

Quiz competition organized for the ANC at UHC Margao, prizes were given to the winners





IEC on Vector Borne diseases conducted at Goa Shipyard by Extension Educator Karishma Kerkar, Urban Health Centre Vasco

IEC on Vector Borne diseases at ITI Bogda for teachers and other staff by Extension Educator Karishma Kerkar of UHC Vasco



Upcoming activities:

World Diabetes Day will be observed on November 14, by conducting various activities to create awareness and promote healthy lifestyle.

Distribution of face masks to PMJAY beneficiaries.

New IEC material will be placed at District Hospitals, Sub district Hospitals, TB chest hospital, GMC.



GOVERNMENT OF GOA



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Public Information Officer :- Dy, Director (HIB)

Officer In-charge of Mediclaim Scheme :- Jt. Director Accounts (Health)

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