



HEALTH



News

Volume 1 | Edition 12

AYUSH

a better living



International Girl Child Day

National Leprosy Eradication Programme (NLEP)

AYUSH CELL

7th Ayurveda Day was celebrated on the occasion of Dhanwantari Jayanti across the state by all AYUSH OPDs and AYUSH Health & Wellness Centres. Several activities were conducted to create awareness on the role of Ayurveda in various stages and walks of life. The Ministry of AYUSH had earmarked week-wise celebrations including Ayurveda Aahar, Ayurveda for General Well-being, Ayurveda for the Elderly etc. activities were conducted accordingly in the periphery.

A state function was organized at GMC Auditorium Hall, Bambolim on October 23, 2022. It was graced by the presence of Minister for Health, Government of Goa, Vishwajit Rane along with Dean, Goa Medical College, OSD to the Health Minister, Principal of Ayurveda College and Director of Health Services. The audience included all the Deputy Directors, Health officers, Medical Officers, and staff of DHS and periphery. The AYUSH SPMU team organized the function.



State level function on International Girl Child Day

State Family Welfare Bureau, Directorate of Health Services, celebrated International Day of the Girl Child at Mahalaxmi Hall, Bandora – Ponda on October 16, 2022 wherein awareness generation among the society on gender equality and empowerment of women and girls was carried out. As a part of celebration, “KIRTAN MAHOSTSAV” was organized by the Directorate in collaboration with Gomantak Sant Mandal Sanchaalit Kirtan Vidhyalaya – Ponda, considering that “KIRTAN” would be an appropriate and innovative medium to pass the message of Beti Bachao & Beti Padhao. Collector for South Goa District, Jyoti Kumariji, IAS, Superintendent of Police, Crime Branch Investigation, Altinho Panaji Sunita Sawant, President for Child Court for the State of Goa, Judge Sionara Telles Laad, Director – Department of Women & Child Development Deepali Naik, and Director – Directorate of Health Services Dr Geeta Kakodkar, were special invitees who expressed their views and thoughts during the occasion.

Similarly, Hari Bhakt Parayan Founder of Gomantak Sant Mandal Sanchaalit Kirtan Vidhyalaya – Ponda; Suhas Vaze, President of Shri Mahalaxmi Devasthan Committee – Bandora; Harshad Kamat, along with other officers of the DHS were present.

Chief Medical Officer, Dr Rajendra Borkar, welcomed the gathering and Health Officer Dr. Smita Parsekar, and , Legal Assistant (PCPNDT) Advocate Pallavi Mulgaonkar proposed vote of thanks. The function was compared by Health Educator-SFWB, Rauji Palni.



PHC Pilliem Dharbandora



Awareness programme on Rashtriya Poshan Maah was conducted for the students of Barabhumi High School, Tambdi Surla under SC Sacorda.



Under Nikshay Poshan Yojana food packets were distributed to TB Patients in the jurisdiction of PHC Pilliem Dharbandora by MLA Savordem Constituency, Ganesh Gaonkar, at PHC Pilliem Dharbandora



Food packets were distributed under Nikshay Poshan Yojana for TB Patients of PHC Pilliem Dharbandora Jurisdiction from the Office of Health Minister of Goa Vishwajit Rane, at PHC Pilliem Dharbandora



On the occasion of National Ayurveda Day Ayurvedic Physician Dr Anjali Dessai,

conducted a health checkup for children with special needs and provided them with immunity and memory booster medicine at PHC Pilliem Dharbandora



On the occasion of National Ayurveda Day and Rashtriya Poshan Maah, a healthy cooking competition was organized for the staff of PHC Pilliem Dharbandora. The month of September every year is celebrated as the Rashtriya Poshan Maah or the National Nutrition Month across the country. The main aim of the celebration is to make India malnutrition free.



On the Occasion of International day of Elderly and National Ayurveda Day, awareness programme and special medical check up camp was organized for the elderly patients including, general checkup, eye check up, Ayurvedic medicine was also distributed. Talk were given by Health Officer of PHC Pilliem Dharbandora, Dr Sandesh Madkaikar.



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PHC Pilliem Dharbandora



IEC on Iodine deficiency programme was conducted at PHC Corlim. World Iodine Day is observed every year on October 21. The Day spreads awareness for the role that iodine has in the health of the human body. During the programme the

health team focused on the importance of iodine and a healthy diet, at the end of the programme, free salt packets were distributed to the people present.



PHC Colvale



Source reduction / Container drive were carried out at Ghotnichowal Colvale in collaboration with UHC Mapusa. spraying wherever necessary was done, plastics bottles, cups, coconut shells and other things in bags in the surrounding was checked. Door-to-door survey was

conducted and instruction were given to empty utensils and containers containing water within seven days and to cover with a cloth or lid, information on the breeding of mosquitoes and its consequences was also explained. Medical Officer I/C Dr Ankita Pednekar, Medical Officers Pushpa Dessai and Nidhi Gawas, and other supervisory staff participated.

Minister for Fisheries, Nilkhant Harlarnkar along with his BJP members adopted TB patients Under Nishay Mitra and handed over food packets to PHC Colvale Staff.



PHC Ponda

International Elderly Day was observed at Sneha Mandir Old Age Home, Bandora, Ponda under PHC Ponda. The programme was attended by Medical Officer, PHC Ponda, Dr. Simran Faldesai, she briefed on palliative care to the inmates and the care takers. EE, PHC Ponda Annapurna Dukle, spoke on nutrition, anemia, and importance of international elderly day, fortified food, and regular exercising. Health check-up of all elderly citizens was done. Activities like singing, mini games were conducted and prizes were distributed. Around 45 members participated, ANM Tanvi Narvekar was also present.



National Leprosy Eradication Programme (NLEP)

Special activity was conducted under S/C Talpon (CHC Canacona) at Bhatpal, Prace de Rachol and Ilha de Rachol area under S/C Rachol by PHC Loutolim. 142 houses were surveyed and 573 people were screened. Under S/C Rachol total houses visited were 300 where, 1120 persons were screened. No leprosy suspects were detected.



HOSPICIO SGDH

"WORLD MENTAL HEALTH DAY 2022" was organised at South Goa District Hospital Margao Goa recently. Medical Superintendent, Dr. Deepa Correia Afonso, Consultant Psychiatrist Dr. Mamta Borkar and Extension Educator of SGDH Vishal Gaonkar were present. Dr. Mamata delivered a talk on Mental Health, a dance performance by the nurses of Hospicio Hospital was done. Around 100 people were present in the audience.



संवसारीक मानसीक भलायकी दिसा निमतान जागृताय करतना दक्षीण गोंय जिल्हो इस्पितळाचे डॉक्टर आनी हेर कर्मचारी

दक्षीण गोंय जिल्हो हॉस्पिटलान मनयलो संवसारीक मानसीक भलायकी दीस

■ भांगरभूंय । प्रतिनिधी

मडगांव: दक्षीण गोंय जिल्हो हॉस्पिटल मडगांवां वतीन संवसारीक

मानसीक भलायकी दीस 2022 मनयलो. ह्या वेळार भलायकी अधीक्षक हॉस्पिसिओ एसजीडीएच मडगांवचे डॉ. दीपा कोरिया आफोन्सो,

सल्लागार मानसोपचारतज्ञ डॉ. ममता बोरकार आनी विस्तारशिक्षक विशाल गांवकार हजर आशिल्ले. डॉ. ममता हांणी मानसीक

भलायके संबंदान मार्गदर्शन केलें आनी हॉस्पिसिओ हॉस्पिटलाच्या तीन नर्सिनी सादर केल्ल्या नाचांत जागृताय केली.

CHC Canacona

On the Occasion of World Heart Day a rally was Conducted in collaboration with Jawahar Navodhya School Students, covering the distance from the school to Kindelbag and back. The rally was Flagged off by the Principal of Jawahar Navodhya school, Ayurvedic Physician Dr Diwakar Velip and RBSK Dr Snehal Desai gave a speech on World Heart Day and its importance.





GOVERNMENT OF GOA



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